



ISM RESOURCES CORP.

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PRESS RELEASE

**ISM RESOURCES ANNOUNCES ADDITIONAL EXPLORATION WORK PROGRAM
ON ESN GOLD PROJECT**

Vancouver, B.C., Canada, May 23, 2023 – **ISM Resources Corp.** (CSE: ISM) (OTC: ISMRF) (FRA: Q3Q0) (the “**Company**” or “**ISM**”) is pleased to announce that an Enzyme Leach (EL) geochemical survey will commence following the completion of the helicopter-borne geophysical survey (announced on May 18th, 2023) on the Company’s ESN project located in White Pine County, Nevada. The proposed work program will be completed by Trend Resources LLC (Trend) who completed the first Enzyme Leach program of 138 samples in June of 2021 as stated in the Company’s recently filed NI 43-101 Report filed on Sedar and posted on the Company’s website. This second Enzyme Leach Program will include 226 samples covering the recommended area for analysis and complement the previous information already received by the Company. Once completed a further recommendation would be to drill the areas favorably indicated by the Enzyme Leach soil sampling and the geophysical survey. This drill phase would be dependent on the results of the sampling and geophysical phases.

Mr. Michael Gheyle CEO of ISM commented “we are looking forward to the analysis of both the geochemical and geophysical exploration programs which will help determine the best possible drill targets on the ESN Property.”

ISM Resources would like to welcome investors to visit our website and join our mailing list, www.ismresources.com. By signing up, you will stay up to date on the latest news releases and advancements within our company.

About ISM Resources Corp.

ISM Resources Corp. is a Canadian-based exploration company with a strong focus on identifying and advancing mineral resource projects in North America. The Company is currently advancing its gold exploration activities for the ESN Project located in Nevada. Additionally, ISM is evaluating the next steps for the Koster Dam Project located in Central British Columbia with its joint venture partner Cariboo Rose Resources.



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On Behalf of the Board of Directors

Michael Gheyle

Chief Executive Officer

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For more information on these matters please refer to the Company's AGM Management Information Circular which is available on SEDAR (at www.sedar.com).

The Canadian Securities Exchange has not in any way passed upon the merits of the matters and Private Placement referenced herein and has neither approved nor disapproved the contents of this news release.

Caution Regarding Forward-Looking Information

Certain statements contained in this news release may constitute forward-looking information. Forward-looking information is often, but not always, identified by the use of words such as "anticipate", "plan", "estimate", "expect", "may", "will", "intend", "should", and similar expressions. Forward-looking information involves known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking information. The Company's actual results could differ materially from those anticipated in this forward-looking information as a result of regulatory decisions, competitive factors in the industries in which the Company operates, prevailing economic conditions, changes to the Company's strategic growth plans, and other factors, many of which are beyond the control of the Company. The Company believes that the expectations reflected in the forward-looking information are reasonable, but no assurance can be given that these expectations will prove to be correct and such forward-looking information should not be unduly relied upon. Any forward-looking information contained in this news release represents the Company's expectations as of the date hereof and is subject to change after such date. The Company disclaims any intention or obligation to update or revise any forward-looking information whether as a result of new information, future events or otherwise, except as required by applicable securities legislation.

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