

Vital Battery Metals Announces Appointment of New Director

December 14, 2022

VANCOUVER, BRITISH COLUMBIA – VITAL BATTERY METALS INC. (the "Company" or "Vital") (CSE: VBAM) (OTCQB: VBAMF) (FSE: COO) is pleased to announce it has appointed Mandeep (Mike) Singh Parmar as a director and VP Corporate Development of the Company, effectively immediately.

Mr. Parmar has over a decade of public markets experience, with a focus on finance and capital raising, investor relations, and corporate development. He has assisted numerous public companies listed both in Canada and in the international markets, boasting a strong understanding of corporate structure and formation, financing and business development. Mr. Parmar has worked with many small-cap companies to assist in fundraising, structuring and the implementation of asset development programs to generate and build value. His experience spans different sectors such as mining, oil and gas, technology and healthcare sectors with a focus on roles relating to financing, investor relations, and public relations.

About Vital Battery Metals Inc.

Vital Battery Metals Inc. (CSE: VBAM) (OTCQB: VBAMF) (FSE:COO) is a mineral exploration company dedicated to the development of strategic projects comprising of battery, base and precious metals in stable jurisdictions. The Company is working to advance its Sting Copper Project and its Vent Copper-Gold project.

The Sting Project covers approximately 30.6 km² (3,060 ha) and hosts multiple historic Newfoundland and Labrador Government documented mineral occurrences and is located within a 50 km corridor known for significant volcanogenic massive sulfide (VMS), copper quartz vein lode and low sulphation epithermal gold showings. The Vent Copper-Gold project covers 1,562 hectares in British Columbia. Vital continues to evaluate value-add assets to bolster its project portfolio.

For more information, please visit www.vitalbatterymetals.com

On Behalf of the Board of Directors

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