CARMANAH MINERALS CORP.

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NEWS RELEASE CARM:

CARMANAH WELCOMES MEDIA AND PUBLISHING VETERAN – MICHELLE SUZUKI TO ITS BOARD OF DIRECTORS

September 8, 2022. Vancouver, B.C. – Carmanah Minerals Corp. (CSE: CARM), ("Carmanah" or the "Company") is pleased to announce the appointment of Ms. Michelle Suzuki to its board of directors, subject to the approval of the Canadian Securities Exchange. Ms. Suzuki has spent the last 25 years as an advisor with a focus in publishing and media relations. She has managed investor communication campaigns for some of Canada's largest digital content providers and for hundreds of C-Suite clients throughout North America from life sciences, technology, and mining companies.

In the Canadian markets Ms. Suzuki is known for her experience in these fields working with many established CEOs, Senior Investor Relations Executives, Investment Broker Dealers and Newsletter writers on digital syndication helping educate on the importance of mining and the future of the industry. Ms. Suzuki is currently a director of Falcon Gold Corp.

Most recently, Ms. Suzuki was with Canada's largest online web portal Stockhouse.com ("**Stockhouse**") that serves financial institutions, media publishers, public companies, and brand advertisers. Stockhouse helps individual investors create and manage their personal wealth by delivering an array of aggregated news and information, portfolio management and analysis tools, and a forum for capturing and accessing user-generated content. During Ms. Suzuki's 22 years with Stockhouse, she was one of the most senior executives helping Stockhouse build its sales platform. Stockhouse generates over 1 million unique investors a month being an authoritative source for natural resources and small cap financial information and news. Ms. Suzuki left Stockhouse in April 2021 and moved to the United States with her family to pursue other business interests.

"We are excited to have Michelle Suzuki join the board of directors. Ms. Suzuki's extensive media relations and capital markets experience will be instrumental as we advance the Loljuh Gold Project in B.C. and start growing our portfolio of projects." commented Latika Prasad, chief executive officer of Carmanah.

About Carmanah Minerals Corp.

Carmanah is a British Columbia-based mineral exploration focused on exploring the Loljuh Gold Project and actively seeking projects in North America and internationally. The Luljuh Project located in the Omineca mining division in British Columbia, Canada.

For further information, please view the Company's filings at www.sedar.com.

ON BEHALF OF THE BOARD

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Disclaimer for Forward-Looking Information:

Certain statements in this release are forward-looking statements which reflect the expectations of management. Forward-looking statements consist of statements that are not purely historical, including any statements regarding beliefs, plans, expectations, or intentions regarding the future. Forward-looking statements in this press release relate to, among other things: the approval of the Canadian Securities Exchange in relation to the appointment of Ms. Suzuki. Actual future results may differ materially. There can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. There is no assurance any of the conditions for closing will be met. Forward-looking statements reflect the beliefs, opinions, and projections on the date the statements are made and are based upon a number of assumptions and estimates that, while considered reasonable by the respective parties, are inherently subject to significant business, economic, competitive, political and social uncertainties and contingencies. Readers should not place undue reliance on the forward-looking statements and information contained in this news release concerning these times. Except as required by law, the Company does not assume any obligation to update the forward-looking statements of beliefs, opinions, projections, or other factors, should they change, except as required by law