

Nepra Foods to Disrupt the Mac ‘n Cheese Category with Their First-ever High Protein, Plant-Based, Gluten and Dairy-Free Alternative

VANCOUVER, BC / ACCESSWIRE / March 3, 2022 / Nepra Foods Inc. ("Nepra") (CSE:NPRA)(FSE:2P6F)(OTCQB:NPRFF), the creator of nutritious plant-based and allergen-free food, is pleased to announce the creation of its nutrient-packed plant-based macaroni and cheese heat-and-eat meals. Nepra's latest innovation will be part of its PROPASTA product lineup to be debuted March 8-12 in Anaheim, California at Natural Products Expo West - the largest tradeshow and exhibition dedicated to natural products, organic food, and medical practices.

The macaroni and cheese category is currently dominated by products containing gluten and dairy, which make them inaccessible to many people trying to cut down on carbs, or don't tolerate gluten or dairy very well, or simply don't want to eat food produced from animals. Nepra's team of food scientists set out to create a plant-based comfort food that not only tastes like traditional macaroni and cheese but is high in protein with balanced carbs. Consumers can feel good about sitting down to a bowl of mac ‘n cheese knowing it is good for their bodies and good for the planet without compromising taste and texture.



"Our R&D team has outdone themselves with the recent creation of macaroni noodles and creamy cheddar cheese, all made from plants. We are taking hemp protein to the next level with our proprietary formulations that are perfectly designed for modern flexitarians who want to eat healthier but don't want to sacrifice taste," said Chadwick White, Co-Founder and Chief Technology Officer of Nepra Foods.

Consumers eager to get an early preview can visit Nepra's PROPASTA booth at Natural Products Expo West for a sample or look for PROPASTA Macaroni and Cheese to be available online and in retailers starting in Q2-2022.

About Nepra Foods

Nepra Foods is grounded in a passion for food. We believe eating healthy shouldn't be difficult. Everybody deserves food options that are truly nutritious and taste good. Food should not contain allergens that might prevent everybody in the family from enjoying it together. People shouldn't have to compromise quality and taste in what they eat even if they are trying to cut down on carbs, don't tolerate gluten or dairy very well, or don't want to eat food produced from animals. Nepra Foods is on a mission to make healthy, enjoyable food for everybody.

Forward-Looking Statements

This news release contains statements and information that, to the extent that they are not historical fact, constitute "forward-looking information" within the meaning of applicable securities legislation. Forward-looking information is based on the reasonable assumptions, estimates, analysis, and opinions of management made in light of its experience and its perception of trends, current conditions, and expected developments, as well as other factors that management believes to be relevant and reasonable in the circumstances at the date that such statements are made, but which may prove to be incorrect.

Forward-looking information involves known and unknown risks, uncertainties, and other factors that may cause the actual results, performance, or achievements of the Company to differ materially from any future results, performance or achievements expressed or implied by the forward-looking information, including, but not limited to, the statements relating to the Company's financial performance, business development and results of operations. Accordingly, readers should not place undue reliance on any such forward-looking information. Further, any forward-looking statement speaks only as of the date on which such statement is made. New factors emerge from time to time, and it is not possible for the Company's management to predict all such factors and to assess in advance the impact of each such factor on the Company's business or the extent to which any factor, or combination of factors, may cause actual results to differ materially from those contained in any forward-looking statements. The Company does not undertake any obligation to update any forward-looking information to reflect information, events, results, circumstances, or otherwise after the date hereof or to reflect the occurrence of unanticipated events, except as required by law including securities laws.

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