Nepra Foods Announces Launch of PROPASTATM Ready-to-Eat Complete Plant-Based Meals

VANCOUVER, BC / October 13, 2021 / Nepra Foods Inc. (the "Company" or "Nepra") (CSE:NPRA), creator of nutritious plant-based and allergen-free food is pleased to announce the launch of its PROPASTA TM ready-to-eat allergen-free, plant-based meals. PROPASTA TM represents the first Consumer Packaged Goods (CPG) product offering from Nepra, utilizing the Company's proprietary plant-based meat analogues and pasta.

"The launch of PROPASTA TM represents the first of the exciting CPG products planned within our consumer product roadmap," commented David Wood, CEO of Nepra Foods. "The current market offerings of allergen-free, ready-to-eat convenience meals with plant-based meat analogues and dairy-free cheeses are extremely limited and, frankly, aren't the best tasting. Our PROPASTA TM meals are uncompromisingly tasty and offer substantially more plant-based protein complete with all 20 amino acids and balanced healthy fats. In addition, our unique formulations contain dramatically fewer carbohydrates and a lot less sodium. We are expeditiously working on optimizing production of PROPASTA TM using a combination of internal production capacity and co-manufacturers and anticipate launching the product with US retailers in early 2022."

About PROPASTA

Away from an increasingly crowded market, Nepra Foods is going after the broad American grocery shopper with plant-based food that meets people where they live with convenient, nutritious brands that are provocative, unapologetic, and loud. Nepra Foods will begin with PROPASTA TM for the frozen food aisle. PROPASTA TM is a great-tasting line of ready-to-eat frozen dinners containing Nepra's proprietary pasta, meat analogues, and cheeses high in plant-based protein and low in carbohydrates, representing genuinely healthy eating.

This approach targets two segments of American grocery shoppers, <u>not</u> often focusing on plant-based alternatives, which MRI-Simmons Research calls "convenience and ease" and "variety on a budget." Furthermore, we believe this creates a massive available addressable market for Nepra Foods and creates a unique go-to-market approach not historically targeted by traditional plant-based food brands. Together these segments equal an underserved 41% of total grocery store sales. ¹

About Nepra Foods

Nepra Foods is grounded in a passion for food. We believe eating healthy shouldn't be difficult. Everybody deserves food options that are truly nutritious and taste good. Food should not contain allergens that might prevent everybody in the family from enjoying it together. People shouldn't have to compromise quality and taste in what they eat even if they are trying to cut down on carbs, don't tolerate gluten or dairy very well, or don't want to eat food produced from animals. Nepra Foods is on a mission to make healthy, enjoyable food for everybody.

Visit the Nepra Foods website for additional information.

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The CSE has neither approved nor disapproved the contents of this news release. The CSE does not accept responsibility for the adequacy or accuracy of this release.

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This news release contains statements and information that, to the extent that they are not historical fact, constitute "forward-looking information" within the meaning of applicable securities legislation. Forward-looking information is based on the reasonable assumptions, estimates, analysis and opinions of management made in light of its experience and its perception of trends, current conditions and expected developments, as well as other factors that management believes to be relevant and reasonable in the circumstances at the date that such statements are made, but which may prove to be incorrect.

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¹ Source: Simmons Research LLC, Spring 2018 Adult Study 12-month

SOURCE: Nepra Foods Inc.