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DALE MATHESON CARR-HILTON LABONTE LLP
CHARTERED PROFESSIONAL ACCOUNTANTS

June 4, 2021

British Columbia Securities Commission (Principal Regulator)
Alberta Securities Commission
Manitoba Securities Commission
Ontario Securities Commission
Financial and Consumer Services Commission (New Brunswick)

Dear Sirs/Mesdames:

Re: Plant Veda Foods Ltd.

We refer to the prospectus of Plant Veda Foods Ltd. (the "Company") dated June 4, 2021 relating to the distribution of common shares and common share purchase warrants upon the conversion of 3,540,900 subscription receipts and 1,288,493 special warrants.

We consent to being named and to the use, in the above-mentioned prospectus, of our report dated June 4, 2021 to the shareholders of the Company on the following financial statements:

- Statements of financial position as at December 31, 2020 and December 31, 2019;
- Statements of loss and comprehensive loss, changes in shareholders' equity and cash flows for the year ended December 31, 2020 and the period from incorporation on April 5, 2019 to December 31, 2019, and a summary of significant accounting policies and other explanatory information.

We report that we have read the prospectus and all information therein and have no reason to believe that there are any misrepresentations in the information contained therein that are derived from the financial statements upon which we have reported or that are within our knowledge as a result of our audit of such financial statements. We have complied with Canadian generally accepted standards for an auditor's consent to the use of a report of the auditor included in an offering document, which does not constitute an audit or review of the prospectus as these terms are described in the CPA Canada Handbook – Assurance.

Yours very truly,

DALE MATHESON CARR-HILTON LABONTE LLP
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