

51-102F3  
MATERIAL CHANGE REPORT

**Item 1**      **Name and Address of Company**

Poda Lifestyle and Wellness Ltd. (the “Company”)  
666 Burrard Street  
2800 Park Place  
Vancouver, BC, V6C 2Z7

**Item 2**      **Date of Material Change**

September 27, 2021

**Item 3**      **News Release**

The news release was disseminated by Cision on September 27, 2021.

**Item 4**      **Summary of Material Change**

The Company announced the completion of name change from Poda Lifestyle and Wellness to Poda Holdings, Inc. pursuant to a directors’ resolution. The Company’s shares will remain trading on the Canadian Securities Exchange under the ticker symbol “PODA” upon the opening of the markets on September 27<sup>th</sup>, 2021.

The CUSIP number assigned to the Company’s shares following the name change is 73044N10 4 (ISIN: CA73044N1042). No action is required by stockholders and outstanding stock certificates are not affected by the name change and will not need to be exchanged.

The Company is also pleased to announce that it has engaged CFN Enterprises Inc., owner and operator of CFN Media, to provide social media and client outreach strategy services for the Company.

**Item 5**      **Full Description of Material Change**

**5.1**          **Full Description of Material Change**

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**5.2 Disclosure for Restructuring Transactions**

N/A

**Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102**

N/A

**Item 7 Omitted Information**

None

**Item 8 Officer**

Ryan Selby, President- Director

**Item 9 Date of Report**

September 30, 2021



## Poda Announces Completion of Name Change

**Vancouver, BC, September 27<sup>th</sup>, 2021 – PODA HOLDINGS, INC. ("Poda" or the "Company") (CSE: PODA, FSE: 99L, OTC: PODAF)** is pleased to announce the completion of name change from Poda Lifestyle and Wellness to Poda Holdings, Inc. pursuant to a directors' resolution. The Company's shares will remain trading on the Canadian Securities Exchange (the "CSE") under the ticker symbol "PODA" upon the opening of the markets on September 27<sup>th</sup>, 2021.

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On Behalf of the Board,  
Ryan Selby  
CEO, Director, and Chairman of the Board

Poda Lifestyle and Wellness Ltd.  
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### ABOUT PODA LIFESTYLE

Poda Lifestyle is actively engaged in the global commercialization of heat-not-burn ("HNB") smoking products, which have the potential to reduce the risks associated with combustible smoking products. The Company has developed a patented HNB system that uses proprietary biodegradable single-use pods, which are both consumer and environmentally friendly. The innovative design of the Company's HNB platform prevents cross-contamination between the heating devices and the pods, eliminating all cleaning requirements and providing users with the most convenient and enjoyable potentially-reduced-risk smoking experience. Poda Lifestyle's HNB system is fully patented in Canada and is patent pending in over 60 additional countries, covering almost 70% of the global population. The Company's Poda Pods are the first and only cigarettes to have a completely closed end. This exclusive design eliminates all cleaning requirements and provides a truly ashless HNB cigarette. Poda Lifestyle's fully patented system is one of a kind and solves the major pain-point that ALL other HNB products suffer from: daily cleaning requirements. The Company's flagship **Beyond Burn™** Poda Pods contain a unique tobacco-free blend of pelletized tea leaves infused with synthetic nicotine, which provides adult smokers with a smoke-free alternative to their regular habit without sacrificing satisfaction. **Beyond Burn™** Poda Pods have been expertly crafted to mimic the sensorial experience of traditional cigarettes without the smoke, without the smell, and without the tobacco.

### FORWARD-LOOKING STATEMENTS

*This news release contains "forward-looking information" within the meaning of applicable securities laws. Although Poda Lifestyle believes in light of the experience of its officers and directors, current conditions and expected future developments and other factors that have been considered appropriate, that the expectations reflected in this forward-looking information are reasonable, undue reliance should not be placed on them because Poda Lifestyle can give no assurance that they will prove to be correct. Readers are cautioned to not place undue reliance on forward-looking information. Actual results and developments*

*may differ materially from those contemplated by these statements. The statements in this press release are made as of the date of this release. Poda Lifestyle undertakes no obligation to comment on analyses, expectations or statements made by third-parties in respect of Poda Lifestyle, its securities, or financial or operating results (as applicable). Poda Lifestyle disclaims any intent or obligation to update publicly any forward-looking information, whether as a result of new information, future events or results or otherwise, other than as required by applicable securities laws.*

*The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.*