51-102F3 MATERIAL CHANGE REPORT

Item 1 Name and Address of Company

Revitalist Lifestyle and Wellness Ltd. (the "Company") 1008 – 550 Burrard Street Vancouver, BC, V6C 2B5

Item 2 Date of Material Change

May 29, 2024

Item 3 News Release

The news releases dated May 29, 2024 was disseminated through Stockwatch on May 29, 2024.

Item 4 Summary of Material Change

The Company announced that the joint venture agreement dated March 10, 2023, as amended (the "JV Agreement"), between Revitalist LLC ("Revitalist"), the Company's Tennessee subsidiary, and GCM Partners, LLC ("GCM") has been terminated by GCM.

On May 29, 2024, the Company announced that Revitalist entered into an agreement with Wake Network, Inc. ("Wake") to offer eligible participants guided psychedelic retreat programs in the British Virgin Islands.

Revitalist and Wake will offer a comprehensive, clinical psychedelic experience for participants seeking care for mental health, traumatic brain injury, pain, addiction, and palliative care. These retreats will also focus on offerings for medical practitioners in the psychedelic field with advanced training, inclusive of medical, research, and therapeutic specializations.

Item 5 Full Description of Material Change.

5.1 Full Description of Material Change

A full description of the material changes are described in Item 4 above and in the News Releases which have been filed on SEDAR+ at www.sedarplus.ca.

5.2 Disclosure for Restructuring Transactions

N/A

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

None

Item 8 Executive Officer

Contact: Kathryn Walker, CEO

Telephone: 423.948.9331

Item 9 Date of Report

June 4, 2024