

51-102F3
MATERIAL CHANGE REPORT

Item 1 Name and Address of Company

Revitalist Lifestyle and Wellness Ltd. (the “Company”)
1008 – 550 Burrard Street
Vancouver, BC, V6C 2B5

Item 2 Date of Material Change

December 29, 2023

Item 3 News Release

The news release dated December 29, 2023 was disseminated through Stockwatch and Market News.

Item 4 Summary of Material Change

The Company changed its financial year-end from December 31 to March 31. The change in financial year-end has been made to facilitate the completion of its annual audited financial statements in a more timely manner going forward.

Item 5 Full Description of Material Change.

5.1 Full Description of Material Change

The Company changed its financial year-end from December 31 to March 31. The change in financial year-end has been made to facilitate the completion of its annual audited financial statements in a more timely manner going forward.

For details regarding the length and ending dates of the financial periods, including the comparative periods of the interim and annual financial statements to be filed for the Company’s transition year and its new financial year, reference is made to the Notice of Change in Year-End filed by the Company on SEDAR+ pursuant to Section 4.8 of National Instrument 51-102 – *Continuous Disclosure Obligations*, a copy of which is available electronically at www.sedarplus.ca.

5.2 Disclosure for Restructuring Transactions

N/A

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

None

Item 8 Executive Officer

Contact: Kathryn Walker, CEO
Telephone: 423.948.9331

Item 9 Date of Report

December 29, 2023