

REVITALIST

Revitalist Announces Change Financial Year End

VANCOUVER, BC, December 29, 2023 – REVITALIST LIFESTYLE AND WELLNESS LTD. (“**Revitalist**” or the “**Company**”) (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO) announces that it has changed its financial year-end from December 31 to March 31. The change in financial year-end has been made to facilitate the completion of its annual audited financial statements in a more timely manner going forward.

For details regarding the length and ending dates of the financial periods, including the comparative periods of the interim and annual financial statements to be filed for the Company’s transition year and its new financial year, reference is made to the Notice of Change in Year-End filed by the Company on SEDAR+ pursuant to Section 4.8 of National Instrument 51-102 – *Continuous Disclosure Obligations*, a copy of which is available electronically at www.sedarplus.ca.

About Revitalist Lifestyle and Wellness Ltd.

Revitalist Lifestyle and Wellness Ltd. (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO) is a mental health and wellness company focused on comprehensive care in the ketamine wellness space offering innovative, evidenced based services. With physical locations and virtual offices across 35 states, Revitalist is one of the largest publicly traded psychedelic wellness companies in Northern America.

On Behalf of the Board

Kathryn Walker
Chief Executive Officer

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