## REVITALIST

## Revitalist Announces Change of Auditor, Changes to the Officers and Board of Directors and Provides a Corporate Update

**VANCOUVER, BC**, September 14, 2023 – REVITALIST LIFESTYLE AND WELLNESS LTD. ("**Revitalist**" or the "**Company**") (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO), wishes to announce that Manning Elliott LLP, Chartered Professional Accountants ("**Manning**"), the Company's auditor, resigned effective June 19, 2023.

Manning advised the Company that its resignation is a business decision of such firm and confirmed that there are no "reportable events" (as such term is defined in National Instrument 51-102 - Continuous Disclosure Obligations ("NI 51-102"). The Company also announces that, effective June 19, 2023, it has appointed Davidson & Company LLP, Chartered Professional Accountants ("Davidson"), at their Vancouver offices at Suite 1200 - 609 Granville Street, to serve as the Company's auditor, and fill the vacancy created by Manning's resignation.

In accordance with NI 51-102 Revitalist has filed a copy of its change of auditor notice on <u>SEDAR</u> together with the letters from each of Davidson and Manning in relation to the foregoing.

Revitalist also announces that Mr. Corby Marshall has resigned as a director of the Company and Mr. Doran Andry has been appointed to the board to fill the vacancy created by Mr. Marshall's resignation. Mr. Andry will also be acting as Chairman of the Board. The Company wishes to thank Mr. Marshall for his dedicated service to the Company as a member of the board. Mr. Marshall will continue to support the Company as a member of the Board of Advisors. Mr. Andry's appointment will bring decades of successful business experience in operations, as an executive and operator in the health and wellness industry. Mr. Andry's skillsets will provide direction and leadership as the Company continues to evolve in this trailblazing sector.

Revitalist also announces that it has appointed Dan Manson as President of the Company. Mr. Manson will oversee all Company operations, and will work collaboratively with other executives. Mr. Manson brings decades of experience working as a successful founder and entrepreneur in the mental health space.

Revitalist CEO, Kathryn Walker states, "The evolution of Revitalist has been a great challenge. We continue to evolve and grow working towards becoming a leading company providing psychedelic-assisted wellness services. Working with businessmen that have had several successful companies in the health and wellness sector allows us to continue our rapid evolvement as leaders helping to address the world's mental health crisis.

## About Revitalist Lifestyle and Wellness, Ltd.

Revitalist Lifestyle and Wellness Ltd. (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO) is a mental health and wellness company focused on comprehensive care in the ketamine wellness space offering innovative, evidenced based services. With physical locations and virtual offices across 35 states, Revitalist is one of the largest publicly traded psychedelic wellness companies in Northern America.

On Behalf of the Board

Kathryn Walker Chief Executive Officer

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## **Forward Looking Statements**

This news release contains forward-looking statements, which includes any information about activities, events or developments that the Company believes, expects or anticipates will or may occur in the future. Forward-looking information reflects the expectations or beliefs of management of the Company based on information currently available to it. Forward-looking information in this news release includes statements regarding our intention to become a leading provider of psychedelic-assisted wellness services. Forward-looking information is subject to known and unknown risks, uncertainties and other factors that may cause the actual results, level of activity, performance or achievements of the Company to be materially different from those expressed or implied by such forward-looking information. These factors include, but are not limited to: risks associated with the business of the Company; business and economic conditions in the sector for psychedelic therapy and wellness providers; the supply and demand for labour and other inputs; risks relating to unanticipated operational difficulties, including with respect to our leased premises; changes in general economic conditions or conditions in the financial markets; and other risk factors as detailed from time to time in the Company's continuous disclosure documents filed with the Canadian securities regulators. The forward-looking information contained in this press release is expressly qualified in its entirety by this cautionary statement. The Company does not undertake to update any forward-looking information, except as required by applicable securities laws.