



## **Revitalist Non-Profit, “Community Change Foundation”, Receives \$1M**

### **Grant to Address Adolescent Mental Health and School Violence**

**VANCOUVER, BC**, October 4, 2022 – REVITALIST LIFESTYLE AND WELLNESS LTD. (“Revitalist” or the “Company”) (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO), Revitalist has partnered with national non-profits Community Change Foundation, Stand4Kind, and Navigate360, receiving a \$1M USD grant through the United States Department of Justice.

The federal grant, “Preventing School Violence: Bureau of Justice Assistance’s STOP School Violence Program”, will be used in conjunction with Revitalist’s proprietary “REAP the Zone” athletic program along with nationally recognized programs from Stand4Kind and Navigate360 directly addressing the mental health of adolescents. This federal program furthers the Department of Justice’s mission by supporting and assisting county, local, territorial, and tribal jurisdictions in improving efforts to reduce violent crime in and around schools.

School violence has continued to escalate, with the last two decades having the highest incidents of reports:

“The National Center for Education Statistics on Tuesday released a 31-page report that found there were at least 93 (shooting) incidents with casualties at public and private schools across the United States in 2020-2021,” the highest in two decades.

In addition, adolescent suicide continues to rise, requiring a collaborative approach to address a growing trend:

“Suicide is the second leading cause of death for children, adolescents, and young adults aged 15 to 24 years old.”

Revitalist CEO, Kathryn Walker, states “I created Revitalist and Community Change Foundation to work in conjunction with for-profit and non-profit partners to bring positive change to our current environment. The federal grant received from the Department of Justice will help us to expand our adolescent division while focusing on the core mission of Revitalist continually bringing innovative service lines to mental health and wellness.”

#### **About Revitalist Lifestyle and Wellness Ltd.**

Revitalist Lifestyle and Wellness Ltd. (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO) is one of the largest publicly listed, ketamine focused clinic operations in the United States. Each clinic enables access to psychedelic medicine, vitamin infusions and other lifestyle optimization services provided by medical and

behavioral professionals. Since opening their first clinic in 2018, Revitalist has provided thousands of ketamine infusions through its network of 9 clinics operating in 6 states. Its founder and CEO, Kathryn Walker, works as a lead provider in the psychedelic space as an advanced behavioral and medical provider. For additional information please visit [Revitalist.com](http://Revitalist.com).

### **About Community Change Foundation**

Community Change Foundation is a national nonprofit 501c3 focusing on providing financing and resources to community members seeking to improve their mental health and wellness. To learn more about Community Change Foundation, please watch the video below, [Community Change Foundation](#). To donate to the cause, please visit, [Donate Now](#)

### **About Navigate360**

Navigate360 seeks to solve the increasingly serious issues facing our society including the violence that penetrates our schools, our places of work and worship, and other communities. By working to prevent violence through addressing mental health and concerning behaviors we can stem the violent incidents that are on the rise today. We are here to help you build a culture of safety and to save and enhance lives.

### **About Stand4Kind**

Stand4kind protects emotional health and prevents suicide for our nation's teens. We're equipping students and parents with the skills and knowledge to help themselves and each other. We're encouraging community awareness, understanding and action for student's mental health.

Behalf of the Board

Kathryn Walker

Chief Executive Officer

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### **Forward Looking Statements**

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