

51-102F3
MATERIAL CHANGE REPORT

Item 1 **Name and Address of Company**

Revitalist Lifestyle and Wellness Ltd. (the "**Company**")
3200 - 650 West Georgia Street
Vancouver, BC V6B 4P7

Item 2 **Date of Material Change**

August 29, 2022

Item 3 **News Release**

The news release was disseminated by Businesswire on August 29, 2022.

Item 4 **Summary of Material Change**

The Company reported updated company structures aligning the mission of the company for aggressive strategic growth opportunities in the psychedelic wellness field.

In addition, the Company announced the acceptance of the resignations of Patrick Gray and Aaron Bowden and the appointment of Corby Marshall and Kevin Murray as directors.

Item 5 **Full Description of Material Change**

5.1 **Full Description of Material Change**

The Company, a Veteran and Nurse lead ketamine wellness company, is pleased to report updated company structures aligning the mission of the company for aggressive strategic growth opportunities in the psychedelic wellness field.

Revitalist CEO, Kathryn Walker states, "Revitalist continues to excel in an unprecedented manner leading to expansive opportunities in the psychedelic wellness space. While we greatly appreciate the inaugural board members, Patrick Gray and Aaron Bowden, we have accepted their resignation as of August 18, 2022.

We are grateful to welcome Corby Marshall and Kevin Murray as incoming board members. Mr. Marshall comes to Revitalist as a West Point graduate with expansive experience allowing us to have a distinguished community leader aggressively expanding our mission for veterans while keeping a "true north" mission.

Mr. Murray's decades of specialized global finance experience allows us the capacity to move aggressively in a realm of financial opportunities helping us to diversify our revenue streams in various capacities leading to exponential growth.

The future is just beginning and we are grateful to be a part of it."

5.2 Disclosure for Restructuring Transactions

N/A

Item 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

N/A

Item 7 Omitted Information

None

Item 8 Officer

Kathryn Walker, CEO Director

Item 9 Date of Report

September 1, 2022