Notice of Annual General Meeting of Shareholders of Revitalist Lifestyle and Wellness Ltd.

When:	Where:
Thursday, June 30, 2022 10:00 a.m. (Pacific Time)	In Person: Main boardroom 1100 – 1111 Melville Street Vancouver BC V6E 3V6
	Via Zoom: Register by June 23, 2022 for this meeting: https://us06web.zoom.us/meeting/register/tZUpc-grqTkiHdd3ysiHdbmpGog3WuUbCujf
	After registering, you will receive a confirmation email containing information about joining the meeting.

At the annual general meeting (the "Meeting"), shareholders will be asked to:

- 1) receive the consolidated financial statements for the year ended December 31, 2021 and the auditor's report there;
- 2) set the number of directors at three (3);
- 3) elect the directors;
- 4) appoint Manning Elliott LLP as auditors;
- 5) confirm the Share Compensation Plan; and
- 6) consider any other business that may properly come before the Meeting.

You can read about each item of business starting on page 1 of the management proxy circular (the "Circular"), which also has information on voting and about our directors, governance and compensation.

If you were a holder of Common Shares as of the close of business on May 16, 2022, you have the right to vote at the Meeting.

Your vote is important. All shareholders are encouraged to vote by proxy. To ensure your vote is counted, your proxy must be received by 10:00 am (Pacific Time) on June 28, 2022 (the "**Proxy Deadline**"). Detailed voting instructions for registered and non-registered shareholders begin on page 5 of the Circular.

Attendance at the Meeting

Due to the COVID19 Pandemic and in the best interest of the health of all participants in the Company's Meeting, the Company respectfully asks that shareholders do not attend the Meeting in person. The Company requests that shareholders who wish to participate by listening to the Meeting, register in advance to be included in the Zoom conference for the Meeting by June 23, 2022. The Company will arrange for Zoom conference participation for all shareholders who have requested it by June 23, 2022. However, the

Company strongly recommends that shareholders vote by **Proxy** or **VIF** in advance to ease the voting tabulation at the Meeting by Endeavor Trust Corporation.

Register for the Meeting via Zoom at:

https://us06web.zoom.us/meeting/register/tZUpc-GrqTkiHdd3ysiHdbmpGog3WuUbCujf

Notice-and-Access

We are using notice-and-access procedures to deliver our meeting materials to registered and beneficial shareholders. You are receiving this notice with information on how you can access the Circular electronically, along with a proxy – or, in the case of non-registered shareholders, a voting instruction form – for use in voting at the Meeting submitting your voting instructions. Shareholders with existing instructions on their account to receive paper materials will receive paper copies of Meeting materials.

The Circular, proxy, financial statements and management's discussion and analysis are available on our website at https://revitalist.com/investors/ and will remain on the website for at least one full year. You can also access the Meeting materials, financial statements and management's discussion and analysis under Revitalist's name at www.sedar.com.

The Circular contains important information about Revitalist and the Meeting. We encourage you to review it prior to voting.

Requests for paper materials should be received at least 7 days in advance of the Proxy Deadline in order to receive the Meeting materials on time.

By order of the Board of Directors,

"Kathryn Walker"

Kathryn Walker CEO May 19, 2022