

# Revitalist Lifestyle and Wellness Ltd.

Via SEDAR

April 21, 2022

TO ALL REGULATORS AND EXCHANGES

RE: Revitalist Lifestyle and Wellness Ltd. (the "Issuer")  
Notice of Meeting and Record Dates

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We advise the following with respect to the Issuer's upcoming Meeting of Security Holders:

1	Meeting Type	Annual General Meeting
2	Record Date for Notice of Meeting	May 16, 2022
3	Record Date for Voting (If Applicable)	May 16, 2022
4	Beneficial Ownership Determination Date	May 16, 2022
5	Meeting Date	June 30, 2022
6	Meeting Location	1100 - 1111 Melville Street, Vancouver, BC V6E 3V6
7 Voting Securities Details		
8	Description (Class)	Common
9	ISIN / CUSIP	CA76151T1030 / 76151T103
10 Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBO's)		
		No
11 Issuer paying for delivery of Objecting Beneficial Owners (OBO's)		
		No
12 Notice and Access		
	Beneficial Holders	Yes
	Registered Holders	Yes
13	Material Selection	A - All

Regards,

"Kathryn Walker"

Kathryn Walker, CEO

Revitalist Lifestyle and Wellness Ltd.