

## **Revitalist Receives Approval from Biomedical Research Alliance of New York Permitting the Company to Perform Human Subjects Clinical Trials**

VANCOUVER, British Columbia--(BUSINESS WIRE)--February 24, 2022--REVITALIST LIFESTYLE AND WELLNESS LTD. (“Revitalist” or the “Company”) (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO) is pleased to announce its research division has received independent institutional review board approval (“IRB”) from the highly renowned Biomedical Research Alliance of New York (“BRANY”). IRB approval from BRANY will facilitate clinical trials at all nine Revitalist clinics, development of proprietary data, and partnerships advancing the field of psychedelics.

Each Revitalist location has trained professionals from the U.S. Department of Health and Human Services who have completed Human Research Protection Training. This specialized training is a prerequisite to IRB approval and distinguishes Revitalist from other companies in the psychedelic space.

BRANY has been serving academic medical centers, research organizations, and research sites for over 20 years. The organization reflects the highest standards in human research protection while providing ongoing communication that promotes stakeholder engagement.

Revitalist CEO, Kathryn Walker states, “Partnering with BRANY allows Revitalist the ability to show our thought leadership in this rapidly evolving sector of healthcare. Publishing data and research in our speciality of translational medicine will highlight the evolution of best practices on national and international levels.”

### **ABOUT REVITALIST LIFESTYLE AND WELLNESS LTD.**

Revitalist Lifestyle and Wellness Ltd. (CSE: CALM) (OTCQB: RVLWF) (FSE: 4DO) is a publicly traded company, headquartered in Knoxville, Tennessee, with clinics operating across the United States and expanding. Revitalist is dedicated to empowering individuals toward an improved quality of well-being through a combination of comprehensive care and future-centric treatments provided by medical professionals, mental health experts, and chronic pain specialists. The company proudly practices translational medicine which is supported by three main pillars: bench side, bedside, and community, with a goal to improve the global healthcare system significantly. Since opening their first clinic in 2018, Revitalist has provided thousands of infusions for patients suffering from treatment-resistant conditions. Additionally, Revitalist offers a number of lifestyle optimization services and vitamin infusions that can bring anyone closer to total wellness. For additional information and to be added to the Company’s mailing list, please click [here](#).

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On Behalf of the Board  
Kathryn Walker  
Chief Executive Officer

***Forward Looking Statements***

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