

**Appendix C to National Instrument 41-101
General Prospectus Requirements**

**Non-Issuer Form of Submission to
Jurisdiction and Appointment of
Agent for Service of Process**

1. Name of issuer (the "Issuer"):
Revitalist Lifestyle and Wellness Ltd.
2. Jurisdiction of incorporation, or equivalent, of Issuer:
British Columbia
3. Address of principal place of business of Issuer:
3200 – 650 West Georgia Street, Vancouver, BC V6B 4P7
4. Description of securities (the "Securities"):
Common Shares, Warrants, Subscription Receipts and Units
5. Date of the prospectus (the "Prospectus") under which the Securities are offered:
October 29, 2021
6. Name of person filing this form (the "Filing Person"):
Kathryn Walker
7. Filing Person's relationship to Issuer:
Chief Executive Officer of the Issuer
8. Jurisdiction of incorporation, or equivalent, of Filing Person, if applicable, or jurisdiction of residence of Filing Person:
Tennessee, USA
9. Address of principal place of business of Filing Person:
10608 Flickenger Lane Knoxville, TN 37922
10. Name of agent for service of process (the "Agent"):
Revitalist Lifestyle and Wellness Ltd.
11. Address for service of process of Agent in Canada (the address may be anywhere in Canada):
3200 – 650 West Georgia Street, Vancouver, BC V6B 4P7
12. The Filing Person designates and appoints the Agent at the address of the Agent stated above as its agent upon whom may be served any notice, pleading, subpoena, summons or other process in any action, investigation or administrative, criminal, quasi-criminal, penal or other proceeding (the "Proceeding") arising out of, relating to or concerning the distribution of the Securities made or purported to be made under the Prospectus, and irrevocably waives any right to raise as a defence in any such Proceeding any alleged lack of jurisdiction to bring the Proceeding.

13. The Filing Person irrevocably and unconditionally submits to the non-exclusive jurisdiction of
- (a) the judicial, quasi-judicial and administrative tribunals of each of the provinces and territories of Canada in which the securities are distributed under the Prospectus; and
 - (b) any administrative proceeding in any such province or territory,
- in any Proceeding arising out of or related to or concerning the distribution of the Securities made or purported to be made under the Prospectus.
14. Until six years after completion of the distribution of the Securities made under the Prospectus, the Filing Person shall file a new submission to jurisdiction and appointment of agent for service of process in this form at least 30 days before termination of this submission to jurisdiction and appointment of agent for service of process.
15. Until six years after completion of the distribution of the Securities under the Prospectus, the Filing Person shall file an amended submission to jurisdiction and appointment of agent for service of process at least 30 days before a change in the name or above address of the Agent.
16. This submission to jurisdiction and appointment of agent for service of process shall be governed by and construed in accordance with the laws of British Columbia.

Dated: October 29, 2021

"Kathryn Walker"
Signature of Filing Person

Kathryn Walker
Print name of person signing and, if the Filing Person is not an individual, the title of the person

AGENT

The undersigned accepts the appointment as agent for service of process of Kathryn Walker under the terms and conditions of the appointment of agent for service of process stated above.

Dated: October 29, 2021

"Paul Ciullo"
Signature of Agent

Paul Ciullo
Print name of person signing and, if Agent is not an individual, the title of the person