Revitalist Lifestyle and Wellness Ltd.

(the "Company")

TO: British Columbia Securities Commission Alberta Securities Commission Ontario Securities Commission

Change of Status Report Pursuant to Section 11.2 of National Instrument 51-102, Continuous Disclosure Obligations ("NI 51-102")

Pursuant to Section 11.2 of NI 51-102, the Company hereby advises that it has become a "venture issuer" as defined in NI 51-102 effective August 24, 2021 upon which date the Company's common shares were listed on the Canadian Securities Exchange.

Dated this 24th day of August, 2021.

REVITALIST LIFESTYLE AND WELLNESS LTD.

Per: "Kathryn Walker"

Kathryn Walker, Chief Executive Officer