

## **VEGANO FOODS APPOINTS NEW DIRECTOR**

**Vancouver, British Columbia —October 16, 2023** — Vegano Foods Inc. (the “Company” or “Vegano Foods”) (CSE:VAGN) (OTC:VAGNF) is pleased to announce that Mr. Kelly Abbott has been appointed as an independent director of the Company, effective immediately.

Mr. Abbott has over 15 years of experience in entrepreneurship and has founded multiple companies ranging in size and industry. Mr. Abbott has extensive experience in public markets and has helped secure millions of dollars in capital in private and public ventures. Mr. Abbott currently serves as the CEO and President of Pegmatite One Lithium and Gold Corp. Mr. Abbott’s expertise is in marketing, corporate strategy, venture capital and business development. He previously oversaw the corporate development function of various private and public companies within the mining and resource, technology, cannabis and psychedelic sectors.

### **About Vegano Foods Inc.:**

Vegano Foods Inc. is a dynamic company focused on delivering high-quality, plant-based food products. Pioneering innovation in the vegan food space, the Company is committed to promoting health, well-being, and sustainability.

### **For further information or media inquiries, please contact:**

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*The CSE has neither approved nor disapproved the contents of this news release. The CSE does not accept responsibility for the adequacy or accuracy of this release*