

Boosh Plant-Based Brands Receives FINRA Clearance Letter; Submits OTCQB(R) Application

Vancouver, British Columbia--(Newsfile Corp. - July 6, 2021) - **Boosh Plant-Based Brands Inc.** (CSE: VEGI) (OTC Pink: VGGIF) ("**Boosh**" or the "**Company**") announces that on Monday June 28th the Company submitted its application to have its common stock quoted on the OTCQB® market maintained by OTC Markets, Inc. On July 1st, the Company received notice that its market maker in the U.S. had received clearance from FINRA to initiate a quotation, and thus its common stock is now quoted on the OTC Pink market maintained by OTC Markets, Inc. as "VGGIF". The Company will provide an update on its DTC eligibility and the outcome of its OTCQB® application as available.

In other news the Company issued 10,000 Employee Stock Options ("Options") to Maria Hussaini the Company's CFO and Marion Mcgrath the Company's corporate secretary, respectively. The price of the Options are \$1.10 and was based on the close of trading on July 5th.

On behalf of the Board of Directors

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About Boosh Plant-Based Brands Inc.:

Boosh Plant-Based Brands Inc., through its wholly owned subsidiary, Boosh Food, is the gateway to experiencing high quality, non-GMO, gluten free, 100% plant-based nutritional comfort foods for the whole family. We currently offer six frozen meals which are sold throughout Canada, and in the summer will be expanding our meals to include three refrigerated products. Boosh, good for you and good for planet earth.

The information in this news release includes certain information and statements about management's view of future events, expectations, plans and prospects that constitute forward looking statements. These statements are based upon assumptions that are subject to significant risks and uncertainties. Because of these risks and uncertainties and as a result of a variety of factors, the actual results, expectations, achievements or performance may differ materially from those anticipated and indicated by these forward looking statements. Forward-looking statements in this news release include, but are not limited to, the Company's proposed use of the proceeds of its initial public offering. Any number of factors could cause actual results to differ materially from these forward-looking statements as well as future results. Although the Company believes that the expectations reflected in forward looking statements are reasonable, it can give no assurances that the expectations of any forward looking statements will prove to be correct. Except as required by law, the Company disclaims any intention and assumes no obligation to update or revise any forward looking statements to reflect actual results, whether as a result of new information, future events, changes in assumptions, changes in factors affecting such forward looking statements or otherwise.

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