

PROSPECT RIDGE RESOURCES ANNOUNCES DRILLING PERMITS RECEIVED AND COMMENCEMENT OF 2022 DRILLING PROGRAM

VANCOUVER, BC, July 27, 2022 /CNW/ - <u>Prospect Ridge Resources Corp.</u> (the "**Company**" or "**Prospect Ridge**") (CSE: PRR) (OTC: PRRSF) (FRA: OED) is pleased to announce that the drilling permits have been received for the flagship Knauss Creek and Holy Grail properties located 10 km's north of Terrace, BC.

Permit applications were compiled and submitted after a very successful 2021 field season that produced many high-grade results of gold, silver, copper, lead, and zinc. These results along with Lidar surveying, and compilation of historical data have provided the expert team with numerous drill targets for 2022. Under the leadership of CEO, Michael Iverson, and President, Yan Ducharme, the team of geologists have identified primary targets located on the Knauss Creek property, including the historical high-grade producing Dorreen gold mine. The first 2 targets will be the Dorreen mine and the Jay Veins zone.

The company commenced the field season with prospecting in May and at the same time has lined up all drilling contractors and supplies in the starting blocks ready for the receipt of the drilling permits. Thanks to the organized preparation of all pertinent personnel and supplies, the teams will start the setup of the drill locations immediately. The helicopter supported drilling campaign will start tomorrow with the placement of all pad building materials and crews, followed immediately by the mobilization of the drilling team to run 24 hours per day until the planned program is fulfilled.

Michael Iverson, CEO states, "Here we are with permits in hand and the entire crew ready to go. We've been waiting with great excitement and anticipation to get out there and start hitting this initial targets. Yan and I have worked with our team to meticulously plan our attack and start proving up our assets. The helicopter is set to start getting guys to work this week. Stay tuned."

Qualified Person

All scientific or technical information included in this news release has been reviewed, verified and approved by Yan Ducharme, P.Geo., President of the Company and a qualified person as defined by National Instrument 43-101.

About Holy Grail & Knauss Creek

The Holy Grail and Knauss properties start about 10 kilometers north of the town of Terrace in the Province of British Columbia, Canada. They are easily accessible by two highways and a network of logging roads. They are contiguous and form a horseshoe covering about 730 square kilometers.

The southern tip of the Golden Triangle arrives just northwest of the properties. The Bower Lake and the Hazelton Groups hosting most of the deposits and mines of this area are also underlying the Holy Grail and Knauss Creek properties.

A few gold, silver, copper, lead and zinc occurrences where found in the past. The most notable is the Dorreen mine where three levels were developed and, according to historical documents, around 700 tons of ore were mined out at an average grade of more than 10 g/t Au.

The properties hold more than 10 very interesting gold showings, sometimes with silver, copper, lead and zinc.

About Prospect Ridge Resources Corp.

Prospect Ridge Resources Corp. is a British Columbia based exploration and development company focused on gold exploration. Prospect Ridge's management and technical team cumulate over 100 years of mineral exploration experience and believes the Holy Grail and Knauss Creek properties to have the potential to extend the boundaries of the Golden Triangle to cover this vast under-explored region.

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.

This release includes certain statements and information that may constitute forward-looking information within the meaning of applicable Canadian securities laws. Forward-looking statements relate to future events or future performance and reflect the expectations or beliefs of management of the Company regarding future events. Generally, forward-looking statements and information can be identified by the use of forward-looking terminology such as " intends " or " anticipates", or variations of such words and phrases or statements that certain actions, events or results " may", " could ", " should ", " would " or " occur ". This information and these statements, referred to herein as "forward-looking" statements", are not historical facts, are made as of the date of this news release and include without limitation, statements regarding discussions of future plans, estimates and forecasts and statements as to management's expectations and intentions with respect to, among other things, positive exploration results at the Knauss Creek and Holy Grail projects and the Company's use of proceeds from the Private Placement. These forward-looking statements involve numerous risks and uncertainties and actual results might differ materially from results suggested in any forward-looking statements. These risks and uncertainties include, among other things, that future exploration results at the Knauss Creek and Holy Grail projects will not be as anticipated and that the Company will use the proceeds from the Private Placement as anticipated.

In making the forward-looking statements in this news release, the Company has applied several material assumptions, including without limitation, that future exploration results at the Knauss Creek and Holy Grail projects will be as anticipated and that the Company will use the proceeds from the Private Placement as anticipated.

Although management of the Company has attempted to identify important factors that could cause actual results to differ materially from those contained in forward-looking statements or forward-looking information, there may be other factors that cause results not to be as anticipated, estimated or intended. There can be no assurance that such statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements and forward-looking information. Readers are cautioned that reliance on such information may not be appropriate for other purposes. The Company does not undertake to update any forward-looking statement, forward-looking information or financial out-look that are incorporated by reference herein, except in accordance with applicable securities laws. We seek safe harbor.

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