

Rritual™

superfoods

RRITUAL SUPERFOODS ISSUES SHARES TO REDUCE INDEBTEDNESS

VANCOUVER, BC / September 21, 2022 / Rritual Superfoods Inc. (CSE:RSF) (FSE: ORW) (OTC:RRSFF) (the "Company" or "Rritual"), announces that effective as of September 21, 2022, it issued 5,104,893 common shares of Rritual at a deemed issue price equal to the volume weighted average price of the common shares on the Canadian Securities Exchange for the 20-trading day period ended September 15, 2022 being \$0.012 per common share, to reduce an aggregate of \$61,258.72 in indebtedness of the Company.

About Rritual

Rritual Superfoods is a premium brand in the Emerging Functional Superfood Market. To learn more please visit www.rritual.com.

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