

Optimi Health Confirms Presenting Sponsorship at the 4th Annual Psychedelic Therapeutics and Drug Development Conference

Optimi CEO Bill Ciprick to speak on the future of GMP psychedelic manufacturing

VANCOUVER, BC – March 28, 2024 – Optimi Health Corp. (CSE: OPTI) (OTCQX: OPTHF) (FRA: 8BN), a leading Health Canada licensed psychedelics pharmaceutical manufacturer, specializing in controlled substances such as natural psilocybin and MDMA, proudly announces its role as a Presenting Sponsor at the highly anticipated 4th Annual Psychedelic Therapeutics and Drug Development Conference. The event is scheduled to take place in Boston, Massachusetts on May 23-24, 2024.

The 4th Annual Psychedelic Therapeutics and Drug Development Conference convenes renowned researchers and esteemed leaders from academia, industry, non-profit organizations, and government sectors to explore the challenges and opportunities inherent in the research and development of psychedelic therapies for various health conditions with significant unmet needs.

The conference presents a tremendous opportunity for Optimi to showcase its strength as a tier one GMP psychedelics pharmaceutical manufacturer committed to producing high-quality, GMP products that adhere to the strictest standards of safety and efficacy.

"We have predominantly maintained a low profile over the last three years while developing and enhancing our operational and quality assurance capabilities," stated Bill Ciprick, CEO of Optimi, speaking from the company's 10,000 sq ft cultivation and formulation facility in Princeton, British Columbia. "We believe this conference serves as a significant platform for us to engage with key stakeholders, exchange ideas, and drive innovation in the field of psychedelic therapeutics," he added.

Ciprick will deliver a presentation on Thursday, May 23, 2024, at 10:50 a.m. EST. His session, titled "**Manufacturing the Future of GMP Psychedelics: What Researchers, Clinicians, and Drug Developers Need to Know**," promises to provide invaluable insights into the evolving landscape of Good Manufacturing Practice (GMP) psychedelic drugs.

Optimi delegates will be available at the conference to host networking sessions for those seeking more information about the company's GMP and API drug products. To schedule a meeting, please contact Michael Kydd at michaelk@optimihealth.ca or utilize the conference delegate networking system.

Currently, the Company is collaborating with Mind Medicine Australia to provide its GMP natural psilocybin extract and encapsulated MDMA as part of Australia's Authorised Prescriber Scheme. Additionally, on March 26, 2024, the company disclosed an agreement to supply The Institute for Psychedelic Research at Tel Aviv University (IPR-TLV) with research-grade active pharmaceutical ingredient (API) MDMA.

For media inquiries, please contact Michael Kydd:

michaelk@optimihealth.ca

902.880.6121

For investor inquiries, please contact:

investors@optimihealth.ca

www.optimihealth.ca

ABOUT OPTIMI (CSE: OPTI) (OTCQX: OPTHF) (FRA: 8BN)

Optimi Health Corp. an end-to-end drug researcher and formulator licensed by Health Canada to produce and supply, for clinical research purposes, psychedelic substances such as 3,4-Methylenedioxymethamphetamine (“MDMA”), natural GMP-grade psilocybin, as well as functional mushrooms that focus on the health and wellness markets. Built with the purpose of producing scalable psychedelic formulations for transformational human experiences, the Company’s goal is to be the number one trusted, compassionate supplier of safe drug candidates throughout the world. Optimi’s products are grown and manufactured at its two facilities comprising a total of 20,000 square feet in Princeton, British Columbia.

FORWARD-LOOKING STATEMENTS

This news release contains forward-looking statements and forward-looking information within the meaning of Canadian securities legislation (collectively, “forward-looking statements”) that relate to Optimi’s current expectations and views of future events. Any statements that express, or involve discussions as to, expectations, beliefs, plans, objectives, assumptions or future events or performance (often, but not always, through the use of words or phrases such as “will likely result,” “are expected to,” “expects,” “will continue,” “is anticipated,” “anticipates,” “believes,” “estimated,” “intends,” “plans,” “forecast,” “projection,” “strategy,” “objective,” and “outlook”) are not historical facts and may be forward-looking statements and may involve estimates, assumptions and uncertainties which could cause actual results or outcomes to differ materially from those expressed in such forward-looking statements. forward-looking statements made in this news release include the proposed use of the proceeds of the Offering. No assurance can be given that these expectations will prove to be correct and such forward-looking statements included in this news release should not be unduly relied upon. These statements speak only as of the date of this news release.

Forward-looking statements are based on a number of assumptions and are subject to a number of risks and uncertainties, many of which are beyond Optimi’s control, which could

cause actual results and events to differ materially from those that are disclosed in or implied by such forward-looking statements. Optimi undertakes no obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as may be required by law. New factors emerge from time to time, and it is not possible for Optimi to predict all of them or assess the impact of each such factor or the extent to which any factor, or combination of factors, may cause results to differ materially from those contained in any forward-looking statement. Any forward-looking statements contained in this news release are expressly qualified in their entirety by this cautionary statement.

Neither the Canadian Securities Exchange nor the Investment Industry Regulatory Organization of Canada accepts responsibility for the adequacy or accuracy of this release.