

**FORM 51-102F3
MATERIAL CHANGE REPORT**

ITEM 1 Name and Address of Company:

Optimi Health Corp. (the “Company”)
330 - 1122 Mainland Street
Vancouver, BC, V6B 5L1

ITEM 2 Date of Material Change:

August 25, 2022.

ITEM 3 News Release:

A news release dated August 25, 2022 was distributed and subsequently filed on the System for Electronic Document Analysis and Retrieval (SEDAR) at www.sedar.com.

ITEM 4 Summary of Material Change:

On August 25, 2022, the Company announced the appointment of Mr. Jacob Safarik to the Board of Directors.

ITEM 5 Full Description of Material Change:

5.1 – Full Description of Material Change:

On August 25, 2022, the Company announced the appointment of Mr. Jacob Safarik to the Board of Directors. Mr. Safarik is the Company’s Chief Financial Officer and was instrumental in the formation of the Company in 2019. As a Chartered Professional Accountant, Mr. Safarik brings more than 13 years of international project finance, business development and quality assurance experience. Mr. Safarik is also a co-founder and Chief Financial Officer of BC Green Pharmaceuticals Inc.

5.2 – Disclosure for Restructuring Transactions:

Not applicable.

ITEM 6 Reliance on subsection 7.1(2) or (3) of National Instrument 51-102:

Not Applicable.

ITEM 7 Omitted Information:

Not Applicable.

ITEM 8 Executive Officer:

Further information relating to this Material Change Report may be obtained from:

Leah Hodges, Corporate Secretary
Telephone: (604) 377-0403

ITEM 9 Date of Report:

DATED as of August 25, 2022.