

MILLER THOMSON LLP 400 – 725 GRANVILLE STREET P.O. BOX 10325 VANCOUVER, BC V7Y 1G5 CANADA T 604.687.2242
F 604.643.1200

MILLERTHOMSON.COM

February 12, 2021

BY SEDAR

British Columbia Securities Commission (Principal Regulator) Alberta Securities Commission Financial and Consumer Affairs Authority Saskatchewan Manitoba Securities Commission Ontario Securities Commission (Non-Principal Regulator) Financial and Consumer Services Commission (New Brunswick) Nova Scotia Securities Commission Government of Newfoundland and Labrador Financial Services Regulation Division Prince Edward Island Securities Office Canadian Securities Exchange

Dear Sirs/Mesdames:

Re: Optimi Health Corp. ("Optimi") Final Long Form Prospectus of the Company dated February 12, 2021

We refer to the final long form prospectus of Optimi dated February 12, 2021 (the "**Prospectus**").

We hereby consent to being named on page 64 of the Prospectus and to the inclusion of our opinion under the heading "*Eligibility for Investment*" in the Prospectus.

We also confirm that we have read the Prospectus and have no reason to believe there are any misrepresentations in the information contained therein that are derived from our opinion referred to therein or that is within our knowledge as a result of services that we have performed in connection with those matters that are the subject of our opinion.

Yours truly,

"Miller Thomson LLP"

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