

January 20, 2023

Filed via SEDAR

To All Applicable Exchanges and Securities Administrators

Subject: Nurosene Health Inc. (the "Issuer")

Notice of Meeting and Record Date

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual General and Special Meeting
Meeting Date:	March 23, 2023
Record Date for Notice of Meeting:	February 16, 2023
Record Date for Voting (if applicable):	February 16, 2023
Beneficial Ownership Determination Date:	February 16, 2023
Class of Securities Entitled to Vote:	Common Shares
ISIN:	CA64132U1003
Issuer sending proxy materials directly to NOBOs:	No
Issuer paying for delivery to OBOs:	No
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

Odyssey Trust Company as agent for Nurosene Health Inc.