

ELEMENT NUTRITIONAL SCIENCES INC.
Suite 401 – 1100 Walkers Line
Burlington, ON L7N 2G3

**NOTICE OF ANNUAL GENERAL MEETING
OF SHAREHOLDERS**

NOTICE IS GIVEN that the Annual General Meeting of Shareholders (the “**Meeting**”) of Element Nutritional Sciences Inc. (“the “**Company**”) will be held virtually on Tuesday, February 21, 2023 at 11:00 a.m. (Eastern time) for the following purposes:

1. to receive the Company’s audited financial statements for the financial year ended December 31, 2021 and the auditor’s report thereon;
2. to fix the number of directors for the ensuing year at five (5) and to elect directors for the ensuing year;
3. to appoint SRCO Professional Corporation, as the Company’s auditor for the ensuing fiscal year and to authorize the directors to set the auditor’s remuneration;
4. to approve the Company’s 10% rolling stock option plan, as more particularly set out in the accompanying Information Circular; and
5. to transact such other business as may properly be brought before the Meeting or any adjournment thereof,

all as more particularly set out in the attached Information Circular. The form of proxy accompanies this Notice. The Information Circular provides additional information relating to the matters to be dealt with at the Meeting and is deemed to form part of this Notice.

Registered shareholders who are unable to attend the meeting are requested to read the notes included in the enclosed form of Proxy and then to complete, date, sign and mail or fax the Proxy, or to complete and submit the Proxy on the internet, in accordance with the instructions set out in the Proxy and in the Information Circular accompanying this Notice.

Due to the COVID-19 pandemic and in the best interest of the health of all participants in the Corporation’s Meeting, the Corporation respectfully asks that all shareholders do not attend the Meeting in person. The Corporation requests that shareholders who wish to participate by listening to the Meeting, contact the Corporation by February 17, 2023 at slowther@elementnutrition.com to be included in the teleconference for the Meeting. The Corporation will arrange for teleconference participation for all shareholders who have requested it by February 17, 2023. However, the Corporation strongly recommends that shareholders vote by Proxy or by a request for voting instructions in advance to ease the voting tabulation at the Meeting by February 17, 2023.

BY ORDER OF THE BOARD OF DIRECTORS OF ELEMENT NUTRITIONAL SCIENCES INC.

STUART LOWTHER
President and Chief Executive Officer