

Element Nutritional Sciences Expands U.S. Retail Distribution with Stop & Shop

BURLINGTON, ONTARIO, September 15, 2022 - Element Nutritional Sciences Inc. (CSE:ELMT; OTC:ELNSF; FRANKFURT:93X) (the "Company" or "Element"), today announced that the Company has received purchase orders from The Stop & Shop Supermarket Company LLC ("Stop & Shop") to distribute the Company's flagship RejuvenateTM Muscle Activator ready-to-drink beverage across 400 Stop & Shop locations across the northeastern United States. Is expected that RejuvenateTM Muscle Activator will be available on shelves at Stop & Shop stores by November 2022.

Established in 1914, Stop & Shop employs 58,000 associates through more than 400 stores in Massachusetts, Connecticut, Rhode Island, New York and New Jersey¹. This retail distribution agreement follows Element's recently announced distribution agreement launching RejuvenateTM into the US\$31 billion U.S. convenience vending industry² with North America's largest vending supplier. RejuvenateTM products now available at over 16,000 points of distribution in the United States and 750 locations in Canada.

Stuart Lowther, Chief Executive Officer of Element commented, "Today's announcement marks yet another step towards further scaling our diversified distribution footprint in the United States with a household name in the grocery space. With our flagship Rejuvenate™ products now established in the pharmacy channel and over our e-commerce platform, growing distribution through grocery stores is a natural next step to Element gaining mark share and is expected to help drive long-term profitable growth."



¹ https://www.aholddelhaize.com/brands/stop-shop/

² National Automatic Merchandising Association (NAMA)



About Element

Element is an innovative and research driven Canadian nutraceutical company specializing in the development of patented and science-based products for the global consumer packaged goods market, with a portfolio focused specifically on men and women over the age of 40. Element's lead product, RejuvenateTM, is a proprietary formulation that is clinically proven to assist in the rebuilding, restoration and rejuvenation of natural loss of muscle mass due to aging or other medical conditions. Element also offers JAKTRXTM, an elite brand of performance supplements. Element was founded in 2015 and is located in Burlington, Ontario.

To learn more about Element, visit elmtinc.com.

More information about *Rejuvenate*[™] can be found at: www.rejuvenatemuscle.com

More information about JAKTRXTM and ProminoTM can be found at: www.jaktrx.com

Forward Looking Statements

This news release contains "forward-looking information" and "forward-looking statements" (collectively, "forward looking statements") within the meaning of the applicable Canadian securities legislation. All statements, other than statements of historical fact, are forward-looking statements and are based on expectations, estimates and projections as at the date of this news release. Any statement that involves discussions with respect to predictions, expectations, beliefs, plans, projections, objectives, assumptions, future events or performance (often but not always using phrases such as "expects", or "does not expect", "is expected", "anticipates" or "does not anticipate", "plans", "budget", "scheduled", "forecasts", "estimates", "believes" or "intends" or variations of such words and phrases or stating that certain actions, events or results "may" or "could", "would", "might" or "will" be taken to occur or be achieved) are not statements of historical fact and may be forward-looking statements. Forward looking statements in this news release include: the expected number of Stop & Shop locations that will carry Rejuvenate™ products and availability timing.

These forward-looking statements are based on reasonable assumptions and estimates of management of the Company at the time such statements were made. Actual future results may differ materially as forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to materially differ from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors, among other things, include: fluctuations in general macroeconomic conditions; expectations regarding the size of the United States and Canadian health, nutraceutical and wellness markets and changing consumer habits; the viability of the Company's products; availability of distribution channels for the Company's product offerings; the ability of the Company to successfully achieve its business objectives; plans for expansion; successful development of the Company's proposed products; the presence of laws and regulations that may impose restrictions or recalls on the sale of the Company's products in the United States and Canada; customer and distributor relations; fluctuations in securities markets; and the inability of the Company to obtain adequate insurance to cover risks and hazards. Although the forward-looking statements contained in this news release are based upon what management of the Company believes, or believed at the time, to be reasonable assumptions, the Company cannot assure shareholders that actual results will be consistent with such forward-looking statements, as there may be other factors that cause results not to be as anticipated, estimated or intended. Readers should not place undue reliance on the forward-looking statements and information contained in this news release. The Company assumes no obligation to update the forward-looking statements of beliefs, opinions, projections, or other factors, should they change, except as required by law.

No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein.

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