Element Nutritional Sciences Announces RejuvenateTM Now Available Online at Walgreens

BURLINGTON, Ontario--(BUSINESS WIRE)--January 26, 2022--Element Nutritional Sciences Inc. (CSE:ELMT; OTC:ELNSF; FRANKFURT:93X)(the "Company" or "Element"), is pleased to announce that its RejuvenateTM ready to drink organic plant protein beverage and its convenient single serve sachets are now available online through Walgreens at walgreens.com. This online distribution is an extension of the current retail distribution with Walgreens in the United States, where RejuvenateTM is available at over 8,000 Walgreens locations.

With 8,965 retail locations, serving over 9 million customers in store every day and over US\$132 billion in revenue in fiscal 2021¹, Walgreens is the second largest pharmacy chain in the United States. In February 2021, Element signed a distribution agreement with Walgreens to have its ready to drink organic plant protein beverages distributed across the United States. Shipments of RejuvenateTM to Walgreens began in May 2021, reaching shelves in June 2021.

"Element has an aggressive distribution expansion strategy which includes both retail and online sales, and we are very pleased to be expanding our relationship with Walgreens to add online distribution. In less than a year into our partnership with Walgreens, we have significantly increased sales velocity and fulfilled many reorders for customers across the United States. This is a testament to the significant market opportunity for RejuvenateTM and its proven efficacy at helping 45+ year old consumers live a healthy and active life by improving and maintaining muscle health as they age," said **Stuart Lowther**, **Chief Executive Officer**.

About Element

Element is an innovative and research driven Canadian nutraceutical company specializing in the development of science-based products for the global consumer packaged goods market, with a portfolio focused specifically on men and women over the age of 50. Element's lead product, RejuvenateTM, is a proprietary formulation that is clinically proven to assist in the rebuilding, restoration and rejuvenation of natural loss of muscle mass due to aging or other medical conditions. Element also offers JAKTRXTM, an elite brand of performance supplements. Element was founded in 2015 and is located in Burlington, Ontario.

To learn more about Element, visit elmtinc.com.

More information about *Rejuvenate*TM can be found at: www.rejuvenatemuscle.com

Forward Looking Statements

This news release contains "forward-looking information" and "forward-looking statements" (collectively, "forward looking statements") within the meaning of the applicable Canadian securities legislation. All statements, other than statements of historical fact, are forward-looking statements and are based on expectations, estimates and projections as at the date of this news release. Any statement that involves discussions with respect to predictions, expectations, beliefs, plans, projections, objectives, assumptions, future events or performance (often but not always using phrases such as "expects", or "does not expect", "is expected", "anticipates" or "does not anticipate", "plans", "budget", "scheduled", "forecasts", "estimates", "believes" or "intends" or variations of such words and phrases or stating that certain actions, events or results "may" or "could", "would", "might" or "will" be taken to occur or be

achieved) are not statements of historical fact and may be forward-looking statements. In this news release, forward looking statements relate, among other things, to: the significant market opportunity for RejuvenateTM.

These forward-looking statements are based on reasonable assumptions and estimates of management of the Company at the time such statements were made. Actual future results may differ materially as forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to materially differ from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors, among other things, include: fluctuations in general macroeconomic conditions; expectations regarding the size of the United States and Canadian health, nutraceutical and wellness markets and changing consumer habits; the viability of the Company's products; availability of distribution channels for the Company's product offerings; the ability of the Company to successfully achieve its business objectives; plans for expansion; successful development of the Company's proposed products; the presence of laws and regulations that may impose restrictions or recalls on the sale of the Company's products in the United States and Canada; customer and distributor relations; fluctuations in securities markets; and the inability of the Company to obtain adequate insurance to cover risks and hazards. Although the forward-looking statements contained in this news release are based upon what management of the Company believes, or believed at the time, to be reasonable assumptions, the Company cannot assure shareholders that actual results will be consistent with such forward-looking statements, as there may be other factors that cause results not to be as anticipated, estimated or intended. Readers should not place undue reliance on the forward-looking statements and information contained in this news release. The Company assumes no obligation to update the forward-looking statements of beliefs, opinions, projections, or other factors, should they change, except as required by law.

No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein.

Contacts

Stuart Lowther Chairman, CEO and President ir@elementnutrition.com 416-467-5229

Marc Charbin Investor Relations ir@elementnutrition.com 416-467-5229

¹ https://news.walgreens.com/