

Element Nutritional Sciences Appoints Chief Marketing Officer

BURLINGTON, Ontario--(BUSINESS WIRE)--November 19, 2021--Element Nutritional Sciences Inc. (CSE:ELMT; FRANKFURT:93X)(the “Company” or “Element”), is pleased to announce that the Company has appointed Vito Sanzone as its Chief Marketing Officer.

Mr. Sanzone is an accomplished veteran executive with expertise in nutritional supplement brands and retailers. Most recently, he was CEO of Complete Nutrition, where he led the launch of its e-commerce platform and the turnaround of its operations. Additionally, as the Chief Marketing Officer of Iovate Health Sciences International, Mr. Sanzone created a number of new brands that resulted in sales growth from \$210 million to \$475 million during his tenure there. Mr. Sanzone also has experience in the revitalization of a sports nutrition brand, as well as numerous brand and channel launches over the course of his career.

“We are thrilled to have Vito as part of the Element team. His deep experience in the nutritional supplement sector, sports nutrition specifically, as well as e-commerce platform launches is the perfect fit for our growing company. Our brands have tremendous potential in helping people live better lives and people like Vito will help Element reach the next level in terms of revenue and market share,” said Stuart Lowther, Chief Executive Officer.

About Element

Element is an innovative and research driven Canadian nutraceutical company specializing in the development of science-based products for the global consumer packaged goods market, with a portfolio focused specifically on men and women over the age of 50. Element’s lead product, Rejuvenate™, is a proprietary formulation that is clinically proven to assist in the rebuilding, restoration and rejuvenation of natural loss of muscle mass due to aging or other medical conditions. Element also offers JAKTRX™, an elite brand of performance supplements. Element was founded in 2015 and is located in Burlington, Ontario.

To learn more about Element, visit elmtinc.com.

More information about *Rejuvenate*™ can be found at: www.rejuvenatemuscle.com

Forward Looking Statements

This news release contains "forward-looking information" and "forward-looking statements" (collectively, "forward looking statements") within the meaning of the applicable Canadian securities legislation. All statements, other than statements of historical fact, are forward-looking statements and are based on expectations, estimates and projections as at the date of this news release. Any statement that involves discussions with respect to predictions, expectations, beliefs, plans, projections, objectives, assumptions, future events or performance (often but not always using phrases such as “expects”, or “does not expect”, “is expected”, “anticipates” or “does not anticipate”, “plans”, “budget”, “scheduled”, “forecasts”, “estimates”, “believes” or “intends” or variations of such words and phrases or stating that certain actions, events or results “may” or “could”, “would”, “might” or “will” be taken to occur or be achieved) are not statements of historical fact and may be forward-looking statements. In this news release,

forward looking statements relate, among other things, to: Mr. Sanzone's ability to increase revenue and market share.

These forward-looking statements are based on reasonable assumptions and estimates of management of the Company at the time such statements were made. Actual future results may differ materially as forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to materially differ from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors, among other things, include: fluctuations in general macroeconomic conditions; expectations regarding the size of the United States and Canadian health, nutraceutical and wellness markets and changing consumer habits; the viability of the Company's products; availability of distribution channels for the Company's product offerings; the ability of the Company to successfully achieve its business objectives; plans for expansion; successful development of the Company's proposed products; the presence of laws and regulations that may impose restrictions or recalls on the sale of the Company's products in the United States and Canada; customer and distributor relations; fluctuations in securities markets; and the inability of the Company to obtain adequate insurance to cover risks and hazards. Although the forward-looking statements contained in this news release are based upon what management of the Company believes, or believed at the time, to be reasonable assumptions, the Company cannot assure shareholders that actual results will be consistent with such forward-looking statements, as there may be other factors that cause results not to be as anticipated, estimated or intended. Readers should not place undue reliance on the forward-looking statements and information contained in this news release. The Company assumes no obligation to update the forward-looking statements of beliefs, opinions, projections, or other factors, should they change, except as required by law.

No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein.

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