

Element Nutritional Sciences Inc.

Via SEDAR

October 22, 2021

TO ALL REGULATORS AND EXCHANGES

RE: Element Nutritional Sciences Inc. (the "Issuer")
Notice of Meeting and Record Dates

We advise the following with respect to the Issuer's upcoming Meeting of Security Holders:

1	Meeting Type	Annual General Meeting
2	Record Date for Notice of Meeting	November 16, 2021
3	Record Date for Voting (If Applicable)	November 16, 2021
4	Beneficial Ownership Determination Date	November 16, 2021
5	Meeting Date	December 21, 2021
6	Meeting Location	TBA
7 Voting Securities Details		
8	Description (Class)	Common
9	ISIN / CUSIP	CA28619R1047 / 28619R104
10 Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBO's)		
10		NO
11 Issuer paying for delivery of Objecting Beneficial Owners (OBO's)		
11		NO
12 Notice and Access		
	Beneficial Holders	NO
	Registered Holders	NO
13	Material Selection	A - All

Regards,

"Stuart Lowther"

Stuart Lowther, President and CEO
Element Nutritional Sciences Inc.