

Element Nutritional Sciences Announces Rejuvenate™ Now Listed at Longo's

- **Rejuvenate™ to be available in 36 stores across Ontario**
- **Longo's is a subsidiary of Empire Company Ltd., which includes Sobeys and other grocery brands**

BURLINGTON, Ontario--(BUSINESS WIRE)--October 20, 2021--Element Nutritional Sciences Inc. (CSE:ELMT) (the "Company" or "Element"), is pleased to announce that its Rejuvenate™ plant-based single serve pouches have been listed with the Longo's grocery chain. Once the first purchase order is fulfilled, Rejuvenate™ will be available for purchase in 36 Longo's stores across Ontario, beginning in late October. Rejuvenate™ single serve pouches and ready-to-drink beverages are located at over 16,000 stores across North America.

Founded in 1956, Longo's operates a network of 36 food stores in Ontario, Canada's largest province by population, and the Grocery Gateway e-commerce platform. Longo's is owned by Empire Company Ltd., which also owns the Sobeys, Safeway, Foodland, FreshCo, Price Chopper and Farm Boy grocery banners. In fiscal 2021, Empire Company Ltd. earned over \$28 billion from its food retailing operations.

"We are very pleased to be adding another partner to our network of retail distributors across North America. Our pipeline of new retail and e-commerce partners remains strong and we have developed an excellent base of distribution channels to leverage as we innovate the Rejuvenate™ brand into new segments such as sports nutrition, immune health, omega supplements and meal replacement," said **Stuart Lowther, Chief Executive Officer**.

About Element

Element is an innovative and research driven Canadian nutraceutical company specializing in the development of science-based products for the global consumer packaged goods market, with a portfolio focused specifically on men and women over the age of 50. Element's lead product, Rejuvenate™, is a proprietary formulation that is clinically proven to assist in the rebuilding, restoration and rejuvenation of natural loss of muscle mass due to aging or other medical conditions. Element also offers JAKTRX™, an elite brand of performance supplements. Element was founded in 2015 and is located in Burlington, Ontario.

To learn more about Element, visit elmtinc.com.

More information about *Rejuvenate™* can be found at: www.rejuvenatemuscle.com

Forward Looking Statements

This news release contains "forward-looking information" and "forward-looking statements" (collectively, "forward looking statements") within the meaning of the applicable Canadian securities legislation. All statements, other than statements of historical fact, are forward-looking statements and are based on expectations, estimates and projections as at the date of this news release. Any statement that involves discussions with respect to predictions, expectations, beliefs, plans, projections, objectives, assumptions, future events or performance (often but not always using phrases such as "expects", or "does not expect", "is expected", "anticipates" or "does not anticipate", "plans", "budget", "scheduled", "forecasts", "estimates", "believes" or "intends" or variations of such words and phrases or stating that certain actions, events or results "may" or "could", "would", "might" or "will" be taken to occur or be achieved) are not statements of historical fact and may be forward-looking statements. In this news release, forward looking statements relate, among other things, to: the expected timing of product availability at Longo's locations and the expected number of retail locations with the Company's products.

These forward-looking statements are based on reasonable assumptions and estimates of management of the Company at the time such statements were made. Actual future results may differ materially as forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to materially differ from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors, among other things, include: fluctuations in general macroeconomic conditions; expectations regarding the size of the United States and Canadian health, nutraceutical and wellness markets and changing consumer habits; the viability of the Company's products; availability of distribution channels for the Company's product offerings; the ability of the Company to successfully achieve its business objectives; plans for expansion; successful development of the Company's proposed products; the presence of laws and regulations that may impose restrictions or recalls on the sale of the Company's products in the United States and Canada; customer and distributor relations; fluctuations in securities markets; and the inability of the Company to obtain adequate insurance to cover risks and hazards. Although the forward-looking statements contained in this news release are based upon what management of the Company believes, or believed at the time, to be reasonable assumptions, the Company cannot assure shareholders that actual results will be consistent with such forward-looking statements, as there may be other factors that cause results not to be as anticipated, estimated or intended. Readers should not place undue reliance on the forward-looking statements and information contained in this news release. The Company assumes no obligation to update the forward-looking statements of beliefs, opinions, projections, or other factors, should they change, except as required by law.

No stock exchange, securities commission or other regulatory authority has approved or disapproved the information contained herein.

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