



February 25, 2022

Filed via SEDAR

To All Applicable Exchanges and Securities Administrators

**Subject: HAVN Life Sciences Inc. (the "Issuer")
Notice of Meeting and Record Date**

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual and Special Meeting
Meeting Date:	April 6, 2022
Record Date for Notice of Meeting:	March 2, 2022
Record Date for Voting:	March 2, 2022
Beneficial Ownership Determination Date:	March 2, 2022
Class of Securities Entitled to Vote:	Common Shares
ISIN:	CA4196211078
Meeting Location:	Vancouver, BC
Issuer sending proxy materials directly to NOBOs:	Yes
Issuer paying for delivery to OBOs:	No
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

ODYSSEY TRUST COMPANY

Signed "Lia Zandvliet"

Lia Zandvliet
Managing Director, Client Services