



Havn Life Sciences and Nesters Market, a leading Canadian retailer of natural health and wellness products, announce an authorized products listing

Nesters Market retail chain, will list and promote the full range of Havn Life's natural health supplements across its stores in British Columbia in Q1 2021.

December 22, 2020

Vancouver, BC - Havn Life Sciences Inc. (CSE : [HAVN](#)) (FSE : [5NP](#)) (the "Company" or "Havn Life"), a biotechnology company pursuing standardized extraction of psychoactive compounds, the development of a full range of natural healthcare products, and innovative mental health treatment, is pleased to announce product listing agreement for a range of Havn Life's natural health products, which will be sold in select Nesters Markets in British Columbia.

The range of products will hit shelves across British Columbia in Q1/Q2 of 2021.

"This is a major milestone for Havn Retail, enabling us to reach our goal of launching our initial product line in the market for early 2021. Nesters Market is recognized across British Columbia as a provider of high quality items and has been an early adopter of many new product lines, Havn Life's formulations are bioavailable and naturally-derived and are created with human optimization in mind. The products have been thoughtfully formulated with adaptogens and antioxidants to aid in overall brain health." said Tim Moore, CEO of Havn Life.



Seven formulations are to be included in Havn Life's initial product launch:

- **Mind Mushroom:** A blend of four mushrooms, mind is designed to help balance the immune system, fight cell damage and increase energy.
- **Bacopa Brain:** Bacopa is a powerful plant extract that is clinically proven to support cognitive function and the nervous system.
- **Rhodiola Relief:** Formulated to support mental focus and mental stamina.
- **Cordyceps Perform:** Cordyceps mushrooms help support a healthy immune system.



- **Chaga Immunity:** Chaga mushrooms help stimulate the immune system and control inflammation in the body.
- **Reishi Recharge:** this multi-purpose mushroom has also been used in Traditional Chinese Medicines to strengthen the heart to reduce fatigue, insomnia and appetite as well as coughs and wheezing.
- **Lion's Mane Memory:** Lion's mane helps maintain and balance the immune system.



"We are excited to get our first range of products to market next year and will continue to develop formulations that can support brain health," says Gary Leong, Chief Science Officer. "We have the opportunity to leverage our scientific expertise to deliver effective products. These products are supported with the latest scientific evidence and the most stringent quality and manufacturing standards," Gary Leong.

"As we introduce these products to market, Havn Life will utilize a multi-pronged distribution strategy including online, retail, subscription and other channels to reach a broad customer base and deliver a quality customer experience," said Tim Moore.





On Behalf of The Board of Directors

Tim Moore
Chief Executive Officer

About Nesters Market

Nesters Market is an award-winning grocery store company with locations across British Columbia and Alberta. The company's philosophy is to provide clean, modern, full-service food stores that sell high quality goods at a fair price, are the focal point of their community, with a culture that encourages people to have fun, be involved with and to take pride in the customers, products, and services we deliver.

About Havn Life Sciences Inc.

Havn Life Sciences is a Canadian biotechnology company pursuing standardized extraction of psychoactive compounds, the development of natural healthcare products, and innovative mental health treatment to support brain health and enhance the capabilities of the mind. Learn more at: havnlife.com and follow us on [Facebook](#), [Twitter](#) and [Instagram](#).



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The CSE has not reviewed, approved or disapproved the content of this press release

