



EAT & BEYOND ANNOUNCES DEBT SETTLEMENT

VANCOUVER, BC, December 22, 2023 /CNW/ - Eat & Beyond Global Holdings Inc. (CSE: EATS) (OTCPK: EATBF) (FSE: 988) (“**Eat & Beyond**” or the “**Company**”), an investment issuer focused on the global plant-based and alternative protein sector, has entered into a debt settlement agreement with a service provider (the “**Creditor**”) to settle an aggregate of \$136,500 in debt (the “**Debt**”). In settlement of the Debt, the Company will issue an aggregate of 2,275,000 common shares in the capital of the Company (the “**Debt Shares**”) at a deemed price of \$0.06 per Debt Share (the “**Debt Settlement**”). The indebtedness relates to outstanding fees owing to the Creditor for services provided to the Company during the period July 2021 to November 2023.

All Common Shares issued in connection with the Debt Settlement are subject to a statutory four month hold period in accordance with the policies of the Canadian Securities Exchange and applicable securities laws.

About Eat Beyond

Eat & Beyond is an investment issuer that identifies and makes equity investments in global companies that are developing and commercializing innovative food tech and sustainability. Led by a team of industry experts, Eat & Beyond is the first issuer of its kind in Canada, providing retail investors with the unique opportunity to participate in the growth of a broad cross-section of opportunities in the alternative food and sustainability sectors, and access companies that are leading the charge toward a smarter, more secure food supply.

Learn more: <https://eatbandeyond.com/>

The Canadian Securities Exchange does not accept responsibility for the adequacy or accuracy of this release and has neither approved nor disapproved the contents of this press release.

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