

Eat & Beyond Announces Effective Date of Consolidation

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Vancouver, B.C. – March 3, 2023 – Eat & Beyond Global Holdings Inc. (CSE: EATS) (OTCQB: EATBF) (FSE: 988) ("Eat & Beyond" or the "Company"), an investment issuer focused on the global plant-based and alternative food sector, announces, further to its news release of February 21, 2023 and effective March 9, 2023, the Company will consolidate the common shares in the capital of the Company (the "Shares") on the basis of a one (1) post-consolidated Share for each seven (7) pre-consolidated Shares (the "Consolidation"). The Company's name and stock symbol will remain unchanged following the Consolidation. The new CUSIP number will be 27785T209 and the new ISIN number will be CA27785T2092 for post Consolidation Shares.

The Company currently has 58,138,116 Shares issued and outstanding and will have approximately 8,305,445 Shares issued and outstanding after the Consolidation.

The Company's post Consolidation Shares are expected to begin trading on the Canadian Securities Exchange ("CSE") on or about March 9, 2023.

Letters of transmittal with respect to the Consolidation will be mailed to all registered shareholders of the Company. All registered shareholders will be required to send their respective certificates representing the pre Consolidation Shares along with a properly executed letter of transmittal to the Company's transfer agent, Olympia Trust Company. ("Olympia"), in accordance with the instructions provided in the letter of transmittal. Additional copies of the letter of transmittal can be obtained through Olympia at 1-587-774-2340 or by e-mail to cssinquiries@olympiatrust.com. All shareholders who submit a duly completed letter of transmittal along with their respective pre-Consolidation Share certificate(s) to Olympia, will receive a post Consolidation Share certificate or Direct Registration Advice representing the post Consolidation Shares.

About Eat & Beyond Global Holdings

Eat Beyond Global Holdings Inc. ("**Eat Beyond**") (CSE: EATS) (OTCPK: EATBF) (FSE: 988) is an investment issuer that makes it easy to invest in the future of food. Eat Beyond identifies and makes equity investments in global companies that are developing and commercializing innovative food tech as well as plant-based and alternative food products. Led by a team of food industry experts, Eat Beyond is the first issuer of its kind in Canada, providing retail investors with the unique opportunity to participate in the growth of a broad cross-section of opportunities in the alternative food sector, and access companies that are leading the charge toward a smarter, more secure food supply.

Learn more: https://eatbeyondglobal.com/

Find Eat & Beyond on Social Media on LinkedIn, Instagram, Twitter and Facebook

For investment inquiries, please contact: Info@EatandBeyond.com

For further information, please contact Michael Aucoin at Info@EatandBeyond.com or (604) 416-4099

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.