

Ameriwest Lithium Launches Detailed Thompson Valley Study and Adds New Nevada Claims

VANCOUVER, British Columbia, June 07, 2022 -- Ameriwest Lithium Inc. ("Ameriwest" or the "Company") (CSE: AWLI) (OTC: AWLIF) (FSE: 5HV0), a North American lithium exploration and development company, is pleased to announce it has received approval from the Arizona State Land Department to commence its Geological exploration plan on its Thompson Valley Property, Arizona, USA. During the week of June 13, 2022, Ameriwest's Thompson Valley Property will commence extensive soil, and outcrop sampling carried out by its experienced geological team (figure 1). The acquired samples will be submitted to a qualified laboratory for assay.

Ameriwest President and CEO, David Watkinson, commented, "We are very confident that the results will show the extent of lithium present on our Thompson Valley property and anticipate a drill program to be underway on the property in late Q3 to early Q4, 2022."

Figure 1 is available at https://www.globenewswire.com/NewsRoom/AttachmentNg/f9a966a7-be55-4d38-9c39-0d20537c0f5c

Ameriwest is further pleased to announce it has staked 104 mineral claims in Little Smokey Valley, about 30 miles south of Eureka, Nevada. The "Little Smokey Valley Property" or "LSV Property") claims are adjacent to Clear Sky Lithium Corp.'s ("Clear Sky") ELi Lithium Property. Ameriwest's claims cover a sequence of volcanic sedimentary rocks of lower Miocene to Oligocene age including tuffs, mudstones, claystones, and siltstones that management believes has the potential to host lithium mineralization. A recent NI 43-101 Technical Report entitled "The ELi Sediment-Hosted Lithium Deposit, Eureka and Nye Counties, Nevada: Technical Report" was prepared by Robert J. Johansing, BSc Geology, MSc Economic Geology, QP MMSA, effective date January 4, 2022, is available under Clear Sky's corporate filings at www.sedar.com. The Technical Report summarizes soil sampling results from 133 soil samples on the ELi Property, consisting of 26 mineral claims, with results ranging from 44.5 to 801.7 ppm lithium. Ameriwest's geologists have not verified the results reported by Clear Sky but believe the surrounding area, where the Company staked its claims, has potential for lithium mineralization, subject to exploration success, based on nearby results. Ameriwest initially plans to conduct surface soil and rock chip sampling on the property to confirm the presence of lithium. If successful, the Company will conduct further exploration activities such as geophysics and drilling.

David Watkinson, President, and CEO stated, "Ameriwest is pleased to have added a second lithium clay exploration property to our growing portfolio of properties. This provides our shareholders and potential investors with a diverse group of properties (Brine and Clay) located in the mining-friendly jurisdiction of Nevada and Arizona all of which have great potential for a lithium discovery."

About Ameriwest Lithium Inc. (CSE: AWLI) (OTC: AWLIF) (FSE: 5HV0)

Ameriwest Lithium Inc. is a Canadian-based exploration company with a focus on identifying strategic lithium mineral resource projects for exploration and development. The Company is currently focused on exploring its 13,580-acre Railroad Valley property, the 22,210-acre Edwards Creek Valley, and the 5,600-acre Deer Musk East property in Nevada. In addition, the Company is exploring the 2,860-acre Thompson Valley property in Arizona.

For more information visit: https://ameriwestlithium.com/.

On Behalf of the Board of Directors,

"David Watkinson"

President and Chief Executive Officer

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Caution Regarding Forward-Looking Information

Certain statements contained in this news release may constitute forward-looking information. Forward-looking information is often, but not always, identified by the use of words such as "anticipate", "plan", "estimate", "expect", "may", "will", "intend", "should", and similar expressions. Forward-looking information involves known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking information. The Company's actual results could differ materially from those anticipated in this forward-looking information as a result of regulatory decisions, competitive factors in the industries in which the Company operates, prevailing economic conditions,

changes to the Company's strategic growth plans, and other factors, many of which are beyond the control of the Company. The Company believes that the expectations reflected in the forward-looking information are reasonable, but no assurance can be given that these expectations will prove to be correct and such forward-looking information should not be unduly relied upon. Any forward-looking information contained in this news release represents the Company's expectations as of the date hereof and is subject to change after such date. The Company disclaims any intention or obligation to update or revise any forward-looking information whether as a result of new information, future events or otherwise, except as required by applicable securities legislation.

The Canadian Securities Exchange has not in any way passed upon the merits of the matters referenced herein and has neither approved nor disapproved the contents of this news release.

Figure 1 Ameriwest Lithium Thompson Valley Claim Area

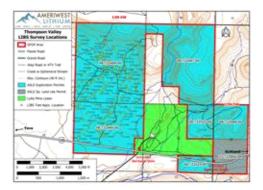


Figure 1 Ameriwest Lithium Thompson Valley Claim Area