



champignon  
B R A N D S

## CHAMPIGNON BRANDS INC.

### NEWS RELEASE

#### CHAMPIGNON BRANDS GRANTS STOCK OPTIONS

**Vancouver, British Columbia / March 2, 2020 – Champignon Brands Inc.** (“**Champignon**” or the “**Company**”) (CSE: **SHRM**) announces that it has granted a total of 3,900,000 stock options to its directors, officers, consultants and advisors. The stock options have a two-year term and are exercisable at \$0.22 per share.

#### **About Champignon Brands Inc.**

Champignon Brands Inc. is a Canadian based company dedicated to the distribution of artisanal medicinal mushrooms infused products. The Champignon team is mandated with enhancing the health and wellness of millions of potential consumers through the distribution of a premium, mushroom-infused product suite. Champignon continues to be inspired by sustainability, as all of its eligible SKUs are organic, non-GMO and vegan certified.

#### ON BEHALF OF THE BOARD OF DIRECTORS

W. Gareth Birdsall  
CEO & Director  
T: +1 (778) 809-6664

For Champignon Brands French inquiries:

Remy Scalabrini, Maricom Inc.  
E: [rs@maricom.ca](mailto:rs@maricom.ca)  
T: +1 (888) 585-MARI

*The CSE and Information Service Provider have not reviewed and does not accept responsibility for the accuracy or adequacy of this release.*

#### **Forward-looking Information Cautionary Statement**

*Except for statements of historic fact, this news release contains certain "forward-looking information" within the meaning of applicable securities law. Forward-looking information is frequently characterized by words such as "plan", "expect", "project", "intend", "believe", "anticipate", "estimate" and other similar words, or statements that certain events or conditions "may" or "will" occur. Forward-looking statements are based on the opinions and estimates at the date the statements are made, and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those anticipated in the forward-looking statements including, but not limited to delays or*

*uncertainties with regulatory approvals, including that of the CSE. There are uncertainties inherent in forward-looking information, including factors beyond the Company's control. There are no assurances that the business plans for Champignon Brands described in this news release will come into effect on the terms or time frame described herein. The Company undertakes no obligation to update forward-looking information if circumstances or management's estimates or opinions should change except as required by law. The reader is cautioned not to place undue reliance on forward-looking statements. Additional information identifying risks and uncertainties that could affect financial results is contained in the Company's filings with Canadian securities regulators, which are available at [www.sedar.com](http://www.sedar.com).*