

July 25, 2023

Filed Via SEDAR

To: All Applicable Exchanges and Commissions

Dear Sirs:

**Subject: Juva Life Inc. (the "Corporation")
Amended Notice of Meeting and Record Date**

We are pleased to confirm the following information with respect to the Corporation's upcoming Annual General Meeting of securityholders:

Meeting Date:	October 5, 2023
Record Date for Notice:	August 25, 2023
Record Date for Voting:	August 25, 2023
Beneficial Ownership Determination Date:	August 25, 2023
Class of Securities Entitled to Receive Notice:	Common shares
Class of Securities Entitled to Vote:	Common shares
ISIN Number:	CA48222R1010
Meeting Location:	Vancouver BC
Corporation sending materials directly to NOBOs:	No
Corporation to pay for delivery of materials to OBOs:	No
Notice-and-Access for registered holders:	Yes
Notice-and-Access for beneficial holders:	Yes
Stratification for registered holders:	No
Stratification for beneficial holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Corporation.

Yours truly,

OLYMPIA TRUST COMPANY

signed "Shraddha Desai"

Shraddha Desai
Relationship Manager
Direct Dial: 604-707-6062

cc: CDS & Co.