

May 2, 2022

Filed Via SEDAR

To: All Applicable Exchanges and Commissions

Dear Sirs:

**Subject: Juva Life Inc. (the "Corporation")
Amended Notice of Meeting and Record Date**

We are pleased to confirm the following information with respect to the Corporation's upcoming Annual General Meeting of securityholders:

Meeting Date:	July 11, 2022 (Amended)
Record Date for Notice:	May 30, 2022 (Amended)
Record Date for Voting:	May 30, 2022 (Amended)
Beneficial Ownership Determination Date:	May 30, 2022 (Amended)
Class of Securities Entitled to Receive Notice:	Common shares
Class of Securities Entitled to Vote:	Common shares
ISIN Number:	CA48222R1010
Meeting Location:	Vancouver BC
Corporation sending materials directly to NOBOs:	No
Corporation to pay for delivery of materials to OBOs:	No
Notice-and-Access for registered holders:	Yes
Notice-and-Access for beneficial holders:	Yes
Stratification for registered holders:	No
Stratification for beneficial holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Corporation.

Yours truly,

OLYMPIA TRUST COMPANY

signed "Helen Chai"

Helen Chai
Relationship Manager
Direct Dial: 604-484-1998

cc: CDS & Co.