



NOTICE OF ANNUAL GENERAL AND SPECIAL MEETING

TAKE NOTICE that the Annual General and Special Meeting of the Shareholders of Abound Energy Inc. (the “**Company**” or “**Abound**”) will be held virtually via Microsoft Teams (Link: <https://www.microsoft.com/en-ca/microsoft-teams/join-a-meeting>; Meeting ID: 262 070 772 430; Passcode: QhGit2) on Friday, November 22, 2024, at 10:00 a.m. (Vancouver time) (the “**Meeting**”) for the following purposes:

1. to receive the Report of the Directors;
2. to receive the financial statements of the Company for the fiscal years ended December 31, 2022 and 2023, and the report of the Auditors thereon;
3. to appoint Auditors for the ensuing year and to authorize the Directors to fix their remuneration;
4. to determine the number of directors and to elect directors;
5. to ratify and approve the Company’s long-term incentive plan, as more particularly described in the information circular dated October 15, 2024 (the “**Circular**”);
6. to consider and, if deemed advisable, pass an ordinary resolution (the “**Consolidation Resolution**”) authorizing a consolidation of the Company’s issued and outstanding common shares of up to five (5) existing common shares for one (1) new common share (5:1) basis, subject to the acceptance of the Canadian Securities Exchange, all as more specifically set out in the Circular;
7. to consider and, if thought fit, approve a special resolution to alter the Articles of the Company to a new form of Articles as more particularly described in the Information Circular; and
8. to transact such other business as may properly come before the Meeting.

Accompanying this Notice are the Circular and form of Proxy. A shareholder entitled to attend and vote at the Meeting is entitled to appoint a proxyholder to attend and vote in his stead. If you are unable to attend the Meeting, or any adjournment thereof in person, please read the Notes accompanying the form of Proxy enclosed herewith and then complete and return the Proxy within the time set out in the Notes. The enclosed form of Proxy is solicited by Management but, as set out in the Notes, you may amend it if you so desire by striking out the names listed therein and inserting in the space provided the name of the person you wish to represent you at the Meeting.

DATED this 15th day of October, 2024

BY THE ORDER OF THE BOARD OF DIRECTORS OF
ABOUND ENERGY INC.

“Jason Birmingham”

Jason Birmingham,
Interim President and CEO