



April 13, 2021 Trading Symbol: **HFH**

Hemp for Health Extends Warrants

Vancouver, *B.C.* – **Hemp for Health Inc.** (the "Company" or "H4H") announces that it has extended the expiry date of certain outstanding warrants due to expire on April 26 and May 6, 2021.

The Company currently has 9,509,800 warrants outstanding, of which 5,730,000 and 605,000 warrants exercisable at \$0.30 per share will be expiring on April 26, 2021 and May 6, 2021. The Company will be filing the required form with the Canadian Securities Exchange (the "Exchange") related to this extension of certain outstanding warrants for an additional year All other terms and conditions of the warrants will remain unchanged.

ON BEHALF OF THE BOARD

Signed "Robert Eadie"

Robert Eadie, President, Chief Executive Officer and Director

FOR FURTHER INFORMATION PLEASE CONTACT:

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The Canadian Securities Exchange (CSE) has not reviewed and does not accept responsibility for the adequacy or the accuracy of the contents of this release.

About Hemp for Health Inc:

Hemp for Health is a cultivator and distributor of premium CBD products with an exclusive, long-term contract for land with farmers in the Tuscan region of Italy for the purpose of yielding the highest quality hemp-based CBD. Our focus is to offer the absolute best in natural and organic CBD products to our customers, and that starts with pristine soil, seeds, and sun. (See further details available in the Company's filings on SEDAR.)

