



February 25, 2020

Trading Symbol on the CSE: HFH

HFH Signs Contracts to Plant 150 Ha of Hemp in Sienna Province Italy

Vancouver, British Columbia: HEMP FOR HEALTH INC. (CSE:HFH) (FSE:9HH) (the “Company” or “HFH”), a cultivator and distributor of premium CBD products in Italy and other European countries, is pleased to announce that it has signed cultivation contracts with four different agriculture companies for the 2020 growing season.

The contracts to cultivate hemp on approximately 150 Ha of farmland in the Sienna province of Italy are expected to yield approximately 100,000 kilos of biomass and 12,000 kilos of dried flower ([please see press release February 12, 2020](#)). These contracts are based on a 5-year initial agreement with the option to renew for an additional 5 years including planting, watering, harvesting and natural fertilizers.

“These contract agreements are the first step in allowing our Company to bring an expanded offering to market, creating innovative products to deliver exceptional CBD experiences to consumers” reported Robert Eadie, C.E.O. and Director of the company.

About Hemp for Health Inc.:

Hemp for Health is a cultivator and distributor of premium CBD products contracting farmers in the Tuscan region of Italy for the purpose of yielding the highest quality hemp-based CBD. Our focus is to offer the absolute best in natural and organic CBD products to our customers, and that starts with pristine soil, seeds, and sun. (See further details available in the Company’s filings on SEDAR. www.sedar.com)

ON BEHALF OF HEMP FOR HEALTH INC.

(sgd.) Robert Eadie
President & CEO

The Canadian Securities Exchange has not reviewed and does not accept responsibility for the adequacy or the accuracy of the contents of this release.

FOR FURTHER INFORMATION PLEASE CONTACT: Evan Eadie

Telephone: 416-640-1936 x 203

Toll Free: 1-866-602-4935

Email: evan@hempforhealth.eu

Reader Advisory

Except for statements of historical fact, this news release contains certain “forward-looking statements” within the meaning of applicable securities law. In particular, forward-looking





statements in this press release include, but are not limited to, statements with respect to (i) the planting and harvesting of certain quantities of hemp during 2020, and (ii) the monetization of the Company's current inventory of hemp. In connection with the forward-looking statements, the Company has made numerous assumptions regarding, among other things: the ability to plant, grow and harvest hemp without significant loss due to adverse weather conditions or natural disasters. While the Company considers these assumptions to be reasonable, these assumptions are inherently subject to significant risks, uncertainties and contingencies which could cause the Company's actual results, performance or achievements to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements contained herein. Risk factors include: general risks associated with agriculture including drought, infestation, fire, hail, flooding, and factors beyond the control of the Company; a material increase in the supply of hemp, regionally or worldwide which depresses the general price for hemp and hemp derived products; unanticipated operating delays or halts; competition from other growers or suppliers; failure to obtain or maintain all required approvals from regulatory authorities; and changes in regulations related to the growing, processing and distribution of hemp and hemp related products. A more complete discussion of the risks and uncertainties facing the Company is disclosed in its prospectus dated November 1, 2019 as filed on SEDAR. All forward-looking statements herein are qualified in their entirety by this cautionary statement, and the Company disclaims any obligation to revise or update any such forward-looking statements or to publicly announce the result of any revisions to any of the forward-looking statements contained herein to reflect future results, events or developments, except as required by law.

