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RECEIPT

Hemp for Health Inc.

This is the receipt of the **British Columbia Securities Commission** for the **Amended and Restated Preliminary Long Form Prospectus** dated **October 11, 2019** (the amended preliminary prospectus) amending and restating the **Preliminary Long Form Prospectus** of the above Issuer dated **July 11, 2019**.

This receipt also evidences that the **Ontario Securities Commission** has issued a receipt for the amended preliminary prospectus.

October 11, 2019

Allan Lim

Allan Lim, CPA, CA Manager, Corporate Finance

SEDAR Project Number 2940270