Bullfrog Gold Corp.

897 Quail Run Drive Grand Junction, CO 81505

Bullfrog Gold Corp. Grants Stock Options

VANCOUVER, BRITISH COLUMBIA – January 08, 2019 – Bullfrog Gold Corp. (CSE: BFG, OTCQB: BFGC) ("**Bullfrog Gold**" or the "**Company**"), announces that it has granted incentive stock options to an officer of the Company, to purchase an aggregate of 350,000 common shares at an exercise price of USD\$0.11 per common share for up to ten years.

About Bullfrog Gold Corp.

Bullfrog Gold is a Delaware corporation that controls mineral positions in the Bullfrog mine area where Barrick Bullfrog Inc. produced 2.3 million ounces of gold by conventional milling from 1989 to 1999.

ON BEHALF OF THE BOARD

"David Beling"

Director& CEO

For further information, please contact the Company at:

Email: dave@bullfroggold.com

The CSE does not accept responsibility for the adequacy or accuracy of this release.

This news release may include forward-looking statements that are subject to risks and uncertainties. All statements within, other than statements of historical fact, are to be considered forward looking. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in forward-looking statements. Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, exploitation and exploration successes, continued availability of capital and financing, and general economic, market or business conditions. There can be no assurances that such statements will prove accurate and, therefore, readers are advised to rely on their own evaluation of such uncertainties. We do not assume any obligation to update any forward-looking statements except as required under the applicable laws.