This is the form of material change report required under Section 85(1) of the Securities Act.

BC FORM 51-102F3 (formerly Form 53-901F)

Securities Act

MATERIAL CHANGE REPORT UNDER SECTION 85(1) OF THE ACT

Item 1. Reporting Issuer

AMPD Ventures Inc. Suite 2050, 1055 West Georgia St. PO Box 11121, Royal Centre Vancouver, BC V6E 3P3

Item 2. Date of Material Change

January 20, 2020

Item 3. Press Release

January 20, 2020 at Vancouver, BC Canada.

Item 4. <u>Summary of Material Change</u>

AMPD Ventures Inc. announces that 50,000 incentive stock options have been granted today to an employee pursuant to the Company's stock option plan.

Item 5. Full Description of Material Change

Please see attached press release.

Item 6. Reliance on Section 85(2) of the Act

N/A

Item 7. <u>Omitted Information</u>

None

Item 8. <u>Senior Officers/Directors</u>

The following senior officers/directors of the Issuer are knowledgeable about the material change and may be contacted by the Commission at the address and telephone number:

Anthony Brown CEO & Director Suite 2050 – 1055 West Georgia St. Vancouver, BC, V6E 3P3 (604) 684-2181

Ravinder Kang Director Suite 2050 – 1055 West Georgia St. Vancouver, BC V6E 3P3 (604) 684-2181

Item 9. <u>Statement of Senior Officer/Director</u>

The foregoing accurately discloses the material change referred to herein.

Dated this 20 th Day of January, 2020.	"Anthony Brown"	
	Anthony Brown	
	Name	
	CEO & Director	
	Position / Title	
	Vancouver, B.C.	
	Place of Declaration	

AMPD VENTURES INC.

For Immediate Release

STOCK OPTION GRANT

Vancouver, British Columbia – Monday, January 20th, 2020 – AMPD Ventures Inc. ("AMPD" or the "Company", CSE: AMPD; FRA: 2Q0) announces that 50,000 incentive stock options have been granted today to an employee pursuant to the Company's stock option plan. The options have an exercise price of CAD \$0.39 per share and are exercisable for a period of five years unless terminated pursuant to the terms of the stock option plan.

ON BEHALF OF THE BOARD OF DIRECTORS

AMPD Ventures Inc.

"Anthony Brown"

Anthony Brown, CEO and Director

For further information please contact: info@ampd.tech

Tel: 604-332-3329

The CSE does not accept responsibility for the adequacy or accuracy of this release.

Cautionary Statement

Certain statements made herein may contain forward-looking statements or information within the meaning of the applicable Canadian securities laws. Often, but not always, forward-looking statements and forward-looking information can be identified by the use of words such as "plans", "expects", "is expected", "budget", "scheduled", "estimates", "forecasts", "intends", "anticipates", or "believes" or the negatives thereof or variations of such words and phrases or statements that certain actions, events or results "may", "could", "would", "might" or "will" be taken, occur or be achieved. These statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. Such forward-looking statements should not be unduly relied upon. Actual results achieved may vary from the information provided herein as a result of numerous known and unknown risks and uncertainties and other factors. The Company believes the expectations reflected in those forward-looking statements are reasonable, but no assurance can be given that these expectations will prove to be correct. The Company does not undertake to update these forward-looking statements, except as required by law.

THIS PRESS RELEASE, REQUIRED BY APPLICABLE CANADIAN LAWS, IS NOT FOR DISTRIBUTION TO THE U.S. NEWS WIRES SERVICES OR FOR DISSEMINATION IN THE UNITED STATES AND DOES NOT CONSTITUTE AN OFFER OF THE SECURITIES DESCRIBED HEREIN.