Oregon Psilocybin Company Silo Wellness to Resume Trading on Canadian Securities Exchange

Springfield, Oregon--(Newsfile Corp. - April 10, 2023) - <u>Silo Wellness Inc.</u> (CSE: SILO) (OTCQB: SILFF) (FSE: 3K7A), is pleased to advise that trading of its common shares on the CSE will resume tomorrow (Tuesday, April 11, 2023). As <u>previously announced</u>, the cease trade order was revoked by the Ontario Securities Commission, and all outstanding annual filing documents have been filed by the Company.

Shareholder Updates

Please follow Silo Wellness and help share news: newsletter subscription at <u>SiloWellness.com</u>; <u>Twitter</u> (\$SILFF); <u>LinkedIn</u>; <u>Facebook</u>; and <u>Instagram</u>. Investor Relations: 902-818-8807.

About Silo Wellness

Silo Wellness's <u>mission</u> is to provide psychedelics to those suffering as quickly and inexpensively as possible, and Silo is currently Oregon's only publicly traded company actively providing psychedelics to clients. The Company was founded in 2018 by an Oregon trial lawyer in anticipation of Oregon legalizing psilocybin on January 1, 2023, and currently offers <u>Jamaica psilocybin retreats</u> at an all-inclusive seafront resort. The Company has a right of first refusal on all psilocybin mushrooms with Oregon first-mover cultivator <u>Satya, Inc.</u>, and announced in <u>January</u> its intended Portland-area rural psilocybin service center with overnight dorm room accommodations (if land use permits are granted).

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