



GOLDEN LAKE

EXPLORATION INC.

OPTION GRANT

Vancouver, British Columbia – September 12, 2019 – Golden Lake Exploration Inc. (CSE-GLM) ("Golden Lake" or the "Company") announces it has granted a total of up to 450,000 stock options to directors and a consultant of the company exercisable at a price of \$0.11 per share for a period of 3 years from the date of grant. The options have been granted in accordance with the company's stock option plan.

About Golden Lake Exploration Inc.

Golden Lake Exploration Inc. is a junior public company engaged in the business of mineral exploration and the acquisition of mineral property assets for the benefit of its stake holders.

ON BEHALF OF THE BOARD

"Mike England"

Mike England, CEO & DIRECTOR

FOR FURTHER INFORMATION PLEASE

CONTACT: Telephone: 1-604-683-3995

The Canadian Securities Exchange does not accept responsibility for the adequacy or accuracy of this release.