Flow Metals Corp.

Security Class: Common Shares

FORM OF PROXY

Annual General and Special Meeting to be held on Tuesday, September 26, 2023

This Form of Proxy is solicited by and on behalf of Management.

Notes to proxy

Every holder has the right to appoint some other person or company of their choice, who need not be a holder, to attend and act on their behalf at the meeting or any adjournment or postponement thereof. If you wish to appoint a person or company other than the persons whose names are printed herein, please insert the name of your chosen proxyholder in the space provided.

If the securities are registered in the name of more than one owner (for example, joint ownership, trustees, executors, etc.), then all those registered should sign this proxy. If you are voting on behalf of a corporation or another individual you must sign this proxy with signing capacity stated, and you may be required to provide documentation evidencing your power to sign this proxy.

This proxy should be signed in the exact manner as the name(s) appear(s) on the proxy.

If this proxy is not dated, it will be deemed to bear the date on which it is mailed by Management to the holder.

If you appoint the Management Nominees to vote your securities, they will vote in accordance with your instructions or, if no instructions are given, in accordance with the Management Voting Recommendations highlighted for each Resolution overleaf. If you appoint someone else to vote your securities, they will also vote in accordance with your instructions or, if no instructions are given, as they in their discretion choose.

This proxy confers discretionary authority in respect of amendments or variations to matters identified in the Notice of Meeting or other matters that may properly come before the meeting or any adjournment or postponement thereof.

This proxy should be read in conjunction with the accompanying documentation provided by Management.

Proxies submitted must be received by 10:00 am, Pacific Time, on Friday, September 22, 2023, or in the case of any adjournment or postponement of the Meeting not less than 48 hours (Saturdays, Sundays and holidays excepted) before the time of the adjourned or postponed meeting.

VOT	ING METHODS
MAIL or HAND DELIVERY	National Securities Administrators Ltd. 702 – 777 Hornby Street Vancouver, BC V6Z 1S4
FACSIMILE – 24 Hours a Day	604-559-8908
EMAIL	proxy@endeavortrust.com
ONLINE	Go to <u>www.eproxy.ca</u> and follow the instructions

If you vote by FAX, EMAIL or On-Line, DO NOT mail back this proxy.

Voting by mail, fax or by email are the only methods by which a holder may appoint a person as proxyholder other than the Management nominees named on the reverse of this proxy.

Flow Metals Corp.

Appointment of Proxyholder

I/We, being holder(s) of **FLOW METALS CORP.** hereby appoint: Scott Sheldon, Director and CEO, or, failing him, Michael Woods, Corporate Secretary

Print the name of the person you are appointing if this person is someone other than the Management Nominee listed herein.

as my/our proxyholder with full power of substitution and to attend, act and to vote for and on behalf of the shareholder in accordance with the following direction (or if no directions have been given, as the proxyholder sees fit) and all other matters that may properly come before the Annual General and Special Meeting of shareholders of **FLOW METALS CORP.** to be held at Suite 810, 789 West Pender Street, Vancouver, BC **on September 26, 2023 at 10:00 am,** Pacific Time, and at any adjournment or postponement thereof.

VOTING RECOMMENDATIONS ARE INDICATED BY HIGHLIGHTED TEXT OVER THE BOXES.

OR

1. Number of Directors The number of Directors shall be set to 4 (four);	For	Against
 2. Election of Directors i) Scott Sheldon ii) Donald Sheldon iii) Robert Brian Murray iv) Adrian Smith 	For	Withheld
3. Appointment of Auditor To appoint Smythe LLP, Chartered Professional Accountants. as auditor of the Company for the ensuing year and to authorize the directors to fix their remuneration;	For	Withheld
4. Stock Option Plan To consider, and if thought appropriate, to pass, with or without variation, an ordinary resolution ratifying, confirming and approving the 20% rolling stock option plan, as more particularly described in the accompanying information circular.	For	Against
5. Other Business To transact such other business that may be brought properly before the Meeting and any adjournment or postponement of the Meeting.	For	Against

Authorized Signature(s) – This section must be completed for your instructions to be executed.

Signature(s)

I/We authorize you to act in accordance with my/our instructions set out above. I/We hereby revoke any proxy previously given with respect to the Meeting. If no voting instructions are indicated above, this Proxy will be voted as recommended by Management.

Print Name(s) & Signing Capacity(ies), if applicable

Date (MM-DD-YY) THIS PROXY MUST BE DATED

INTERIM FINANCIAL STATEMENTS

Mark this box if you would like to receive Interim Financial Statements by mail.

ANNUAL FINANCIAL STATEMENTS

Mark this box if you would like to receive Annual Financial Statements by mail.

Financial Statements Request Form

Under securities regulations, a reporting issuer must send annually a form to holders to request the Interim Financial Statements and MD&A and/or the Annual Financial Statements and MD&A. If you would like to receive the report(s) by mail, please make your selection and return to:

810 - 789 West Pender Street Vancouver, BC, V6C 1H2

Alternatively, you may choose to access the report(s) online at www.sedar.com

FLOW METALS CORP. will use information collected solely for the mailing of such financial statements.

If you wish to receive the financial statements by email, please provide your email address below.

Email Address	mail Address																							

- OR -

Please place my name on your financial statement mailing list.

Name																										
A <u>pt</u>				;	Stre	et	Nur	nbe	r	S	tree	et Na	ame	9												_
City																										
Pro	v. /	Sta	ate															Po	osta	I/Z	ip C	ode	е			