

FLOW METALS ANNOUNCES OFFICER APPOINTMENT

Vancouver, BC, April 27, 2020 – Flow Metals Corp. ("Flow Metals" or the "Company") is pleased to announce the appointment of Dr. Jaap Verbaas as Chief Operating Officer ("COO") effective immediately. Dr. Verbaas has experience in regional targeting and project exploration in Australia, northern Africa and Canada. As a consultant for Flow Metals he planned field work in 2019 leading to a high-grade gold sample at the surface on the 100% owned New Brenda property.

Dr. Verbaas holds a BSc and MSc degree from Universiteit Utrecht and a PhD in geology from the Simon Fraser University. He is a licensed Professional Geoscientist with the Association of Professional Engineers and Geoscientists of B.C.

About Flow Metals

Flow Metals is a reporting issuer based in Vancouver and plans to list on a Canadian stock exchange. The Company develops exciting data rich gold projects with low capital requirements. The Company holds a 100% interest in three Canadian gold projects.

Sixtymile, Yukon:

The Yukon placer gold fields have produced gold in the tens of million ounces over the past 100 years. The bedrock sources of these gold-in-gravel deposits are finally being traced and discovered today. The Sixtymile Project contains two gold-producing creeks. The project is drill ready for the summer 2020. Highlights from previous drilling include 1.5 g/t Au over 24m.

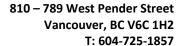
New Brenda, British Columbia:

Bordered by both a high-grade gold mine and a copper mine in the prolific Quesnel Terrane of BC, the New Brenda project is located on prospective ground. The property covers 100 km2 and is cross-cut by a network of forestry roads. Trenching by Flow Metals in 2019 yielded 15.4 g/t Au over 1 m in a broader interval of 4 g/t Au over 4 m.

Ashuanipi, Quebec:

The Ashuanipi complex is 30 km northwest of Schefferville, Quebec. The project is located in a granulite terrane with mineralization similar to greenstone belts. Targets on the claim are based on CARDS Artificial Intelligence (AI), geophysics, and prospecting. A recent ground program yielded samples with up to 17.45 g/t Au.

For further information, please contact: Scott Sheldon, President 604.725.1857 scott@flowmetals.com





Forward-Looking Information:

This press release may include "forward-looking information" (as that term is defined by Canadian securities legislation), concerning the Company's business. Forward-looking information is based on certain key expectations and assumptions made by the Company's management, including future plans for the exploration and development of its mineral properties. Although the Company believes that such expectations and assumptions are reasonable, investors should not rely unduly on such forward-looking information as the Company can give no assurance they will prove to be correct. Forward-looking statements in this press release are made as of the date of this press release. The Company disclaims any intent or obligation to publicly update any forward-looking information (whether as a result of new information, future events or results, or otherwise) other than as required by applicable securities laws.